

## NEWS FROM THE STAFF

### **DISTINGUISHED SERVICE AWARD**

*By Darrell Jones, President/CEO*

Every year each Blue Skies of Texas campus recognizes a person, persons or organization that has/have contributed significantly to the betterment of Blue Skies of Texas. The award is given either for a sustained period of superior performance, or a specific meritorious act or achievement. Distinguished Service Award nominations may include residents, board members and any friends of BST who have no direct affiliation with BST. Any resident, board member, or staff member of either campus may make nominations. Please submit your nominations to the Resident Services Director, Lori DeWitt, containing a brief narrative of the nominee's contribution or achievement, no later than **Sunday, Oct 13**.

### **HAPPY ANNIVERSARY USAF**

*By Fred Ryder, Chief Operations Officer*

In 1947, President Truman signed the National Security Act to provide a comprehensive program for the future security of the United States, and established the US Air Force as an independent service. On Sep 18, 1947, Chief Justice Fred Vinson swore in Stuart Symington as the first secretary of the Air Force, officially founding the new branch of the U.S. military. The official birthday of the US Air Force is **Sep 18, 1947**. Source: History.state.gov, Council of Foreign Relations & Military.com

### **NOTES FROM THE DIRECTOR OF RESIDENT SERVICES**

*By Lori DeWitt*

#### **Save The Date:**

**Wednesday, Sep 4-** Honey, Hats & Chats, Main Lobby, **2pm**

**Friday, Sep 6** – Bake Sale Supporting Employee Halloween Costume Contest,  
Main Lobby, **10am**

**Wednesday, Sep 11** – Patriot Day Ceremony, Main Lobby, **10am**

**Friday, Sep 20** – Bake Sale Supporting Employee Halloween Costume Contest,  
Main Lobby, **10am**



**IN MEMORIAM**  
**Mrs. Jessie McKinney**  
passed away on  
**Aug 13, 2019**

**IN MEMORIAM**  
**Maj Jerry C. Sharp**  
passed away on  
**Aug 15, 2019**

Save the Date continued:

**Tuesday, Oct 1** - International Day of Older Persons, Theme “The Journey to Age Equality,” Watch for Posted Events throughout the Week

**Holiday Schedule - Monday, Sep 2**, is Labor Day, which is a Federal holiday. As such, there will not be any mail delivery. Broadway Bank will also be closed.



All transportation to WHASC and/or SAMMC will be suspended for Monday, Sep 2, as these facilities will be closed for normal appointments.

Med Center will be closed on Monday, Sep 2; so please submit all transportation requests for a medical appointment on Tuesday, Sep 3 by Friday, Aug 30 by noon.

This is also a BST holiday; so there will be minimal staffing and all BST transportation is suspended for that day.

**Bake Sales Leading Up To The Employee Halloween Costume Contest** – For those of you who have been here awhile, you’ll remember employees dressing up for Halloween and parade through the Main Dining Room, Liberty House, and The Vista. Residents vote on favorite costumes and employees receive a cash award, plus bragging rights! In support of the costume contest, we’ll be holding a few bake sales and chance drawings on the following **Friday’s**:

**Sep 6, Sep 20, Oct 4, and Oct 18**

We’ll be in the Lobby between **10am-12pm**. Stop by and support the contest and satisfy your sweet tooth!

**Freedom House Gate/Hours** – A few cautionary notes:

- Use caution when exiting/entering through Freedom House gate. There are a lot of construction vehicles coming/going in an area that used to be pretty quiet
- We are extending the hours for the FH Gate to **6am-8pm**. Once the days get darker earlier, we will move to earlier closing. The gate remains closed on weekends
- A new request: when exiting or entering, if possible, once you go through the gate, please ensure it closes behind you. This will help prevent people from tailgating their way through an open gate

**Paving** – We are planning on the last week of September to pave the RV area and the parking lot at the Lobby flagpole. We’ll be reaching out to our RV’ers

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**Deadline: Friday, Sep 20 @ Noon** [Roadrunner@blueskiestx.org](mailto:Roadrunner@blueskiestx.org)  
**Next Publication Date: Friday, Sep 27**

individually to work the movement of your RV's and the exact dates. If you're an RV'er and will be out of town late Sep (without your RV), please give me a call and we'll make arrangements for your RV.

**Trash Can Locations** – Contrary to the rumors that abound, you do not need to take your bins to the curb on Monday's. If you want to, that's fine. If you don't, that's fine too. Tiger has agreed to retrieve and return the bins to just outside your garage/carport. They must be located outside your garage/carport. Tiger will not enter those areas to retrieve your bin.

**Misdirected Mail?** – If you find mail in your box that doesn't belong to you, please return it to the Front Desk or place in the USPS outgoing mail box. Please, do not place it in internal mail.

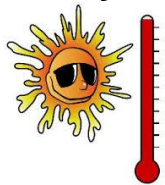
**Oh, poo!** – Reminder to all pet owners! Part of your pet agreement is you will clean up after your pet. We've found not everyone is doing that. Please be a responsible pet owner.

**Substitute Housekeepers** – We appreciate your understanding when your housekeeper is off for vacation, illness, etc. Larissa does an amazing job of trying to place a substitute; however, if you decline a substitute, those hours don't accumulate and we can't "owe" those hours back to you. If you need a substitute, please accept one when offered.

**Dinner Reservations** – We gave the "no reservations" a try in the Main Dining Room during mid-August. Interestingly, we had zero people show up without a reservation. We will press on with highly recommending reservations, but will also continue to accommodate those who come for dinner service without one. Please be aware wait times may reach 45 minutes to an hour.

**Maintenance Guest Room** – Blue Skies has a guest room available, should the need arise, due to issues in your home that can't be resolved immediately (a/c outages, no water, etc.). Please contact the Front Desk.

**Safety** – It's *hot* out there!! Please use caution if you're out during the heat of the day, even just walking from The Gardens, Oaks, and Lakes could be too much during this heat. Be sure you're drinking plenty of water and staying hydrated throughout the day, wear light colored clothing and avoid the outside during peak heat periods.



If you do go outside during peak heat periods, be sure to cover up, use sunscreen, wear a hat, wear UV-absorbent shades, wear your pendant ( just in case) and limit exposure time.



**Capital Christmas Tree is Coming To Blue Skies!!!** – Mark your calendars now for **Sunday, Nov 17**, from **11am-12pm** when BSTW will be a "Whistle Stop" for the Capital Christmas tree as it makes its way from New Mexico to Joint Base Andrews, Washington DC. This is a 60' blue spruce coming



from near Red River, NM (the exact location is still top secret). There are 29 Whistle Stops in-route to the Capital and Blue Skies West is one of them!!!

**TSA and Your Texas Driver's License** – Effective **Oct 1, 2020**, unless your Texas driver's license has a gold star on it, it will not be accepted by TSA as a valid proof for federal identification purposes, such as boarding domestic flights or entering secure federal facilities. You may also use another form of federally accepted identification, such as, a US passport or DOD ID. You may continue to use your driver's license without the star for non-federal purposes, such as operating a motor vehicle, voting or banking.



**Darker in the Morning Hours** - As the days are remaining darker in the morning hours, it is imperative for people who walk, ride, jog or drive during the early morning to remain safe. Joggers and walkers should remain on the perimeter sidewalk and bicyclists should follow traffic laws while riding in the street. Wear something light colored or reflective when in the dark hours of the morning, and use a light on your bicycle for visibility to the automobile traffic. Please be sure to report any streetlights that are not operating through the maintenance work order system. Be safe, be secure and be fit.

**Johnston Library Transportation** – Every second and fourth Friday of the month. Bus departs at **9:45am** from the Main Lobby.

**Wednesday Shopping** – Departs from the Lobby at **1pm**.

**Sep 4** – Target; **Sep 11** – Trader Joes; **Sep 18** – Costco; **Sep 25** – Alamo Ranch

**Friday “Mall” Transportation** – Departs from the Lobby at **10am**.

**Sep 6** – La Cantera; **Sep 13** – Ingram Mall; **Sep 20** – Wonderland Mall of the Americas; **Sep 27** – Quarry Marketplace

**Housekeeping Spotlight Item** – These weekly items give housekeepers an area of special interest. Housekeepers will still adhere to their checklists but will pay special attention to the Spotlight Items of the week:

Week of **Sep 2** – Trash Cans; **Sep 9** – Vacuum Furniture; **Sep 16** – Blinds; **Sep 23** – Corners & Baseboards; **Sep 30** – Ceiling Fans & Air Vents

## **WELCOME NEW RESIDENTS**

*By Teresa Santana, Assistant Resident Services Director*

Please give the following new residents a warm Blue Skies West “Welcome” in your respective neighborhoods.

- Lt Col Billy & Mrs. Ellie Ray, #2213
- VADM (CG) Kent & Mrs. Geraldine (Gerri) Williams, #2305
- Mr. Jack & Mrs. Lynn Church, #2805
- Mr. David Warner, #335



## SCAM ALERT

*By Shirley Clay, Resident Counselor*



**“This call is to alert you there is a problem with your social security account.”** - This automated call has been circulating recently with the intent of having the recipient press or call a telephone number for more information. Once contact is established in this way, the scammer will attempt to gain personal information such as social security numbers, financial account numbers, or Medicare numbers. If you receive a call and are concerned there could be a problem with your account, call Social Security at 1-800-772-1213 or visit the closest Social Security office. I was the recipient of this scam call over and over, sometimes several times a day, for several weeks. I know it can be frustrating. But if you continue to hang up immediately and not follow the directions given, eventually the scammers will move on to others.

**Watch those financial statements** – A resident staying alert and checking monthly financial statements was able to recently catch scam charges on her credit card and bank account. She notified the bank immediately and all accounts were closed, and monies reimbursed. Check your financial statements regularly!

## NOTES FROM TERESA

*By Teresa Santana, Assistant Resident Services Director*

**Alterations** – Patricia Bobo is an alteration specialist who has been doing work for Blue Skies for some time. If you are in need of minor or major alterations she can help. A sign-up sheet is available in CC3 if you would like to consult with her. She will call you and make an appointment.

**Storage in the Towers** – The holidays are right around the corner, which means holiday décor that’s been tucked away in storage will start appearing soon. This is also the perfect time to start taking a good look at what you have in storage and remove or donate any items you haven’t used in some time, or simply don’t have the need for. Items must be stored in your assigned storage bin; items stored outside of your bin should be approved by Resident Services prior to placement, otherwise they may be removed. If you have an upper storage space, please insure you are not storing items above the allowed height as this could be a safety risk for those below you. Please Note: absolutely no chemical/flammables may be stored in these areas.

**Feeding Our Fine Feathered/Furry Friends** – Just a friendly reminder, feeding birds, ducks, wild animals, etc. on Village property is prohibited. It all starts innocently enough, but then they go off and tell all their buddies and before you know it the BST can have a real problem on its hands. Please do refrain from feeding the birds and ducks or leaving food outside for other creatures that may come along.

**Red Tag Program** – Have you ever wondered why there’s a Red Tag hanging on your neighbor’s door? Many of our residents are familiar with the Red Tag program



but for those of you who may not be familiar, take a moment to read along on how the program works. The Red Tag Program is a safety program that has been in place for several years and was implemented by the Blue Skies as a means of monitoring the safety of our residents. Upon request, a resident is provided a red door tag to hang outside his/her door each evening by 9pm. In the morning, the resident is to remove the Red Tag from the door by 10am. If the Red Tag is not out by 9pm nor removed by 10am, the Front Desk will be notified and a call will be made to the resident. If there is no response to the telephone call, the First Responder will be notified and will then enter the apartment to check on the resident. If you are interested in participating in our Red Tag program please contact me at 210-568-3302 so I can arrange a time for you to stop by and pick up your Red Tag.

## **2019 WALK TO END ALZHEIMER'S – SAN ANTONIO, TX**

*By Kurt Riedel , Director of Freedom House*



**Saturday, Oct 19**

Registration: **8am**

Ceremony: **9am**

Walk: **9:30am**

We invite you to join Team Freedom House as we represent Blue Skies of Texas at this year's walk! If you are interested, please sign up on the Alzheimer's Association website's Walk Page, or go to:

<https://act.alz.org/site/TR/Walk2019/TX->

[SanAntonioandSouthTexas?team\\_id=543142&pg=team&fr\\_id=12431](https://act.alz.org/site/TR/Walk2019/TX-SanAntonioandSouthTexas?team_id=543142&pg=team&fr_id=12431)

Search for Team Freedom House and enter your information! We look forward to walking with you!

## **ANNIVERSARY MILESTONE OF SERVICE**

*By HR Team*

The Human Resources Team (HR) would like to thank the following employees for reaching an Anniversary Milestone of Service with Blue Skies of Texas. Thank you for serving our residents with love and care throughout the years. We appreciate you!

<b>Employee</b>	<b>Anniversary Date</b>	<b>Years of Service</b>	<b>Department</b>
Judith Isleta	Sep 4	10	The Mission
Vanessa Rangel	Sep 10	1	Environmental Services – West
Ezra Palmer Jr	Sep 11	1	The Mission
Jessica Castillo	Sep14	1	The Mission
Adrian Medrano	Sep 14	1	Beauty Shop – East
Geronimo Cruz	Sep15	20	Maintenance – East
Leon Bryant	Sep 25	1	Dining Services - East
Lupe Solis	Sep 26	5	Beauty Shop – West
Angela Reddell	Sep 28	1	Freedom House



# MAINTENANCE

## WATER CONSERVATION

*By Mike Scates, Facilities Director*

After a relatively cool, wet spring, hot and dry temperatures throughout July and August have led much of the state to shift into drought conditions, according to the latest U.S. Drought Monitor. Bexar County is now considered “abnormally dry.” Others are calling the third driest July and August in San Antonio history a “flash drought,” where the warm season has been rainy enough for plants to grow rapidly before moisture stops dropping from above. This causes plants to start depleting the moisture in the soil posthaste; thus, vegetation dries out at a much faster rate with dry air and soil.

In addition, drought conditions affected the Edwards Aquifer causing the Blue Hole spring at the headwaters of the San Antonio River to run dry. Due to this, we are on the brink of Stage 1 water rationing. During this stage, watering of lawns can only occur once a week *before* 11am and *after* 7pm. Our day of the week at BSTW is Wednesday. Plants may be watered with a hand held hose or bucket any time of day.

## CATERED LIVING

*By Mercedes Cruz, Catered Living Manager*



Do you have a piece of furniture you need assembled or something you need repaired? Catered Living can help you with repairing or assembling furniture, additional cleaning, car washing, golf cart preventive maintenance, gardening, grocery shopping and much more!! We also have our laundry service for \$1.50/lb. Let us know if you would like more information, contact us at 210-568-3285. The

Catered Living office is located within the Maintenance office (Lower Level, Tower3).

## PEST CONTROL SCHEDULE

*By Mercedes Cruz, System Coordinator*

Friday, Sep 6:	Friday, Sep 13:
<b>Tower Apts</b> – 331-338, 341-348, 431-438	<b>Tower Apts</b> – 411-418, 421-428
<b>Cottages</b> – 1700	<b>Cottages</b> – 1800
<b>Specials</b> – Village Center, Kitchen, The Vista – Office & A Wing	<b>Specials</b> – Exterior Main Bldg. (Tower)
<b>Ranch Homes</b> – 811, 813, 815, 817	<b>Ranch Homes</b> – 821, 823, 825, 826



Friday, Sep 20:	Friday, Sep 27:
<b>Tower Apts</b> – 511-518, 521-528	<b>Tower Apts</b> – 531-538, 541-548
<b>Cottages</b> – 1900 – 2000	<b>Cottages</b> – 2100 – 2200
<b>Specials</b> – Liberty House, The Vista – B & C Wing	<b>Specials</b> – Freedom House – Int./Ext.
<b>Ranch Homes</b> – 827, 828, 829, 830	<b>Ranch Homes</b> – 831, 834, 835, 836, Pavilion 1

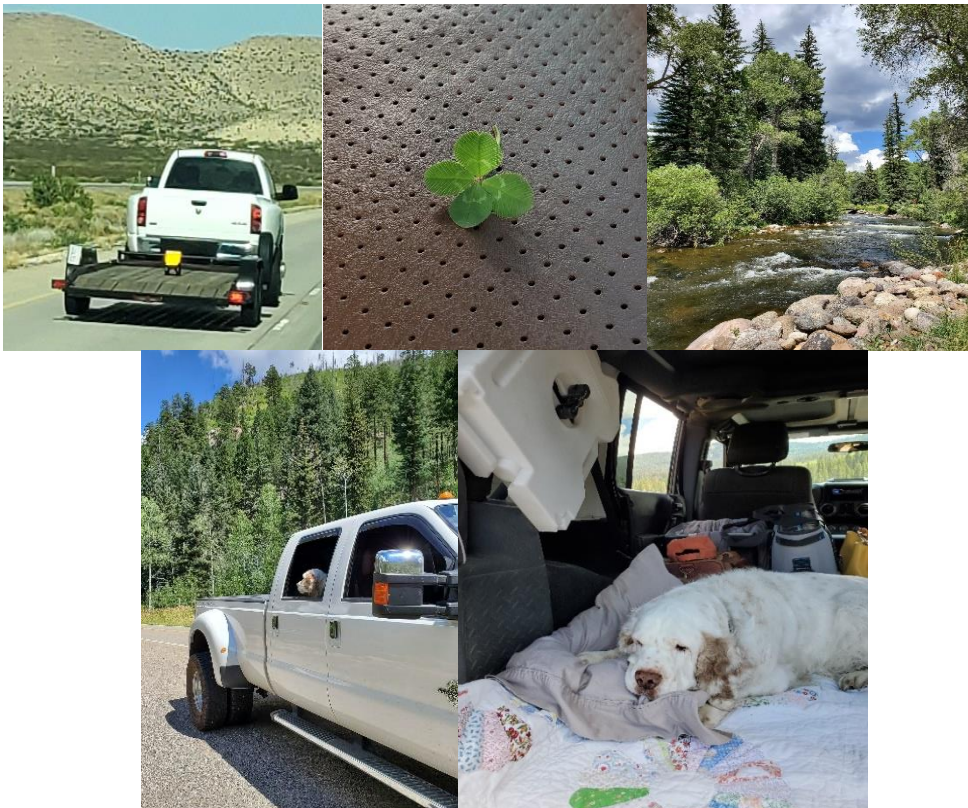
## BOB'S BLOG

By B  b

A few pics from Bob's recent trip to Durango: (from L to R) seeing a truck pull a Tonka truck in West Texas; helping Lori find a four leaf clover; the beautiful creek in Colorado Bob was checking out from the truck; and a "cumfy" ride in the back of the jeep.

Bob's getting ready to take another short vacation mid-September to the Grand Canyon. Unfortunately, he doesn't get to take the train ride from Williams up to the South Rim.

And something to look forward to...we'll be having Bob's annual Birthday bash on **Friday, Oct 4**, starting at **10am** in the Main Lobby. Stop by and help Bob celebrate his 10th birthday with a complimentary piece of birthday cake!!





## AIR FORCE VILLAGES CHARITABLE FOUNDATION

**Estate of Mrs. Patricia B. Berry  
Col and Mrs. John R. Folkesson, Jr.  
Mr. and Mrs. Robert C. Hood  
Col and Mrs. Ralph L. Kuster, Jr.  
Ramstein Officers' Spouses Club  
Maj Sharon J. Rider**

provided amazing charitable gifts of \$10,000 or more from Jul 25 – Aug 27.

We are also grateful to the following donors who provided generous support!

### **BLUE SKIES CHARITABLE FUND**

Lt Col and Mrs. Edward V. Albert III  
Col and Mrs. Robert Certain  
Col and Mrs. Don Christian  
Lt Col and Mrs. Melvin V. Corley, Jr.  
Maj Gen Lewis G. Curtis  
Mrs. Phyllis DeWitt  
Col and Mrs. Wayne Erwin  
Col Sharon Freeto and SMSgt Bill Irwin  
Col John Fucik  
Col and Mrs. Max Giovannini  
Dr. and Mrs. Albert S. Hale, Jr.  
CW4 and Mrs. Carl Hallada  
Estate of Mrs. Madeline Jacobs  
Lt Col Robert W. Lamb  
Col and Mrs. Joel E. Lichtenstein  
Lt Col Bill Linn  
Maj Gen and Mrs. Don Logeman  
Col Jerry E. Marshall  
Maj and Mrs. Louis W. Matamoros  
Gen and Mrs. William V. McBride  
Mrs. Katharine D. McNicholas  
Lt Col and Mrs. Charley L. Michel  
Col and Mrs. William G. Neubrand  
CMSgt Paul Nordstrom

### **BLUE SKIES CHARITABLE FUND (cont'd.)**

Nothing Bundt Cakes  
Mrs. Joann Oldham  
Mrs. Mary L. Orbock  
Maj Gen and Mrs. William E. Overacker  
Col and Mrs. Herbert J. Peck, Jr.  
Mr. and Mrs. James E. Pierson  
Mrs. Nelle M. Pope  
Dr. and Mrs. Leonardo Profenna  
Maj and Mrs. Robert T. Smith  
Mrs. Hellen F. Steadman  
Col Yale F. Trustin  
Estate of Col Thomas D. White

### **AF WIDOWS ENDOWMENT**

Mrs. Irene L. Carson  
Mr. and Mrs. Charles E. Cheever, Jr.  
Maj Gen Lewis G. Curtis  
Col John Fucik  
Col and Mrs. Richard D. Hoover  
Maj and Mrs. Robert B. Knapp  
Dr. and Mrs. Robert M. Kruger  
Lt Col and Mrs. Mike Morris  
Gen and Mrs. Thomas M. Ryan, Jr.  
Mrs. Sandra L. Terry

**AFV CHARITABLE FOUNDATION REPORT, JUL 25 – AUG 27 (cont'd.)**



**AF WIDOWS FUND**

Mrs. Connie S. Bacon  
 Beale Spouses' Club  
 Ms. Anne Clark  
 Mr. Gary Connor  
 Mr. Eric Dewell  
 Lt Col Jayant Mahajan  
 Col Jerry E. Marshall  
 Maj and Mrs. Louis W. Matamoros  
 Lt Gen and Mrs. Michael D. McGinty  
 Mr. Korey Mundell  
 Col and Mrs. Allan J. Perry  
 Lt Col Wm J. and Mrs. Renu Pollock  
 Robins Spouses' Club  
 Mr. Matthew Robinson  
 Mr. Julius Romasanta  
 Col and Mrs. Rollin S. Siefken  
 Mr. Michael Suberly  
 Tinker Spouses' Club  
 Lt Col and Mrs. Norris S. Wynne

**COVENANT FUND**

Lt Col and Mrs. Edward V. Albert III  
 Lt Col and Mrs. Thomas P. Craig, Jr.  
 Ms. Jill Garza  
 Col and Mrs. Mike Kulikowski  
 Maj and Mrs. Howard McDonald

**FREEDOM HOUSE FUND**

Alamo Liaison Squadron  
*in memory of Lt Col William Thompson*  
 AT&T United Way Employee Giving  
 Benevity Community Impact Fund  
 Maj Gen Lewis G. Curtis  
 Col John Fucik  
 GE Foundation  
 Col and Mrs. Max Giovannini  
 Maj and Mrs. Louis W. Matamoros  
 Lt Col and Mrs. Ronald N. Moore

**FREEDOM HOUSE FUND (cont'd.)**

PepsiCo Foundation  
 Col and Mrs. John E. Tucker  
 Wells Fargo Community Support  
 Lt Col and Mrs. Norris S. Wynne

**FREEDOM HOUSE RESEARCH FUND**

Mrs. Nelle M. Pope

**HOSPICE CARE**

Maj Gen Lewis G. Curtis  
 Mrs. Nan A. Smith

**VILLAGE EAST FUND**

Col and Mrs. George D. Burgess  
 Col John Fucik  
 Maj Clara C. Johnson  
 Dr. David Leas and Dr. Maria Leas  
 Lt Col and Mrs. Norris S. Wynne

**THE MISSION at Village East**

Col John Fucik  
 Dr. and Mrs. Albert S. Hale, Jr.  
 Mrs. Yvonne R. Schott  
 Lt Col and Mrs. Norris S. Wynne  
 Maj and Mrs. John W. Yingling

**VILLAGE WEST FUND**

Mrs. Mary L. Orbock

**THE VISTA at Village West**

Mrs. Shirley A. Benner

**CONCERT SERIES**

Lt Col and Mrs. Edward V. Albert III  
 Dr. and Mrs. Daniel B. Collin  
 Mrs. Lenore Evans  
 Mrs. Arlean Graves  
 Dr. and Mrs. Albert S. Hale, Jr.



## AFV CHARITABLE FOUNDATION REPORT, JUL 25 – AUG 27 (cont'd.)

### CONCERT SERIES (cont'd.)

Col and Mrs. Joel E. Lichtenstein  
Col Jerry E. Marshall  
Estate of Mrs. Jessie K. McKinney  
*in memory of Lt Col William Thompson*  
Col and Mrs. Buzz Parkhill  
Col and Mrs. Allan J. Perry  
Maj Gerald B. Stepman  
Col Yale F. Trustin

### MARY O. WOLANIN ENDOWMENT

Mr. and Mrs. Barry Jones  
Col and Mrs. Mike Kulikowski  
Col and Mrs. Allan J. Perry  
Lt Col Anthony F. Santacroce  
Maj and Mrs. John W. Yingling

### HIGH FLIGHT CENTER FUND

Maj Gen and Mrs. Jerrold P. Allen  
Mrs. Scottie M. Bridges  
Col and Mrs. Don Christian  
Mrs. L. Kelly Dixon  
Mrs. Dorothy Jo Dobbs  
Col and Mrs. Wayne Erwin  
Mrs. Gayl K. Ganskow  
Mr. and Mrs. Richard E. Gardner  
*in memory of Mrs. Rosewitha Snavelly*  
Maj and Mrs. Frederick W. Glauner  
Dr. and Mrs. Albert S. Hale, Jr.  
CW4 and Mrs. Carl Hallada  
Col and Mrs. Donald J. Hallager  
Mrs. Lyn M. Henderson  
Brig Gen and Mrs. Hiram Jones  
Dr. and Mrs. J. D. Lawson

### HIGH FLIGHT CENTER FUND (cont'd.)

Maj Gen and Mrs. Don Logeman  
Mrs. Geraldine E. Martin  
Maj and Mrs. Clyde C. McCullough, Jr.  
*in memory of Joseph McCullough  
and Clyde McCullough Sr.*  
Lt Col and Mrs. Ronald N. Moore  
Col and Mrs. Buzz Parkhill  
Col and Mrs. Larry J. Runge  
Mrs. Sandy Shull  
Col and Mrs. Stump Sowada  
Col Yale F. Trustin  
Mrs. Patricia S. Wagner

### EMPLOYEE EMERGENCY FUND

Mrs. Anne A. Bowbeer  
Col and Mrs. George D. Burgess  
Mr. and Mrs. Mark Carpenter  
Ms. Marla Casanova  
Mrs. Ann Christie  
Maj Gen Lewis G. Curtis  
Lt Col Kathleen and Mr. Jesse Estrada  
Col John Fucik  
Mrs. Sandra Gonzalez  
CW4 and Mrs. Carl Hallada  
Col and Mrs. Mike Kulikowski  
Maj and Mrs. Louis W. Matamoros  
Mrs. Nelle M. Pope  
Lt Col and Mrs. Bob Rutledge  
Mrs. Jane Stuart  
Capt Joseph C. Wychunas  
Lt Col and Mrs. Norris S. Wynne  
Mrs. Cynthia Yanez



## AFV CHARITABLE FOUNDATION REPORT, JUL 25 – AUG 27 *(cont'd.)*

We offer a special thank you to those individuals listed below who donated through the Protestant Church in August to benefit the High Flight Center:

Maj Gen and Mrs. Gary Alkire

Maj and Mrs. Kenneth F. Andrews, Jr.

Lt Col and Mrs. James M. Conner

Dr. and Mrs. LeBaron W. Dennis

CMSgt and Mrs. Michael L. Farino

Dr. Robert E. Hess

Maj and Mrs. Clyde C. McCullough, Jr.

Dr. Valerie Rieke

Lt Col Valerie St. John

Maj and Mrs. Kenneth L. Wells

As always, we are sincerely grateful for our anonymous donors!

Due to the deadline for this month's resident newsletters, those who have made gifts after Aug 27 will be recognized in the following report. Thank you!

*We make every effort to prepare a complete and accurate donor listing.*

*If you detect an error, please contact the AFVCF office (568-3211) so that we can correct our records. Thank you.*

### RESIDENTS' CORNER

#### THANK YOU

*By Kathie Fair*

Many thank-you's for the nice cards, lovely flowers, and many great visitors I received during my stay at The Vista. You were all a wonderful support group!

#### HYGIENE PRODUCTS

*By Lee Wells*

Hygiene products are needed for Fisher House, Wounded Warriors and others. A reminder to all of you who accumulate bars of soap, shampoos, conditioners, lotions, toothpaste and toothbrushes from hotels: Place them in a plastic bag, and take them to the Front Desk. Please, do not include open items-*only unused items* can be accepted. Lee Wells will gladly pick them up and deliver them. Our latest donations have gone to the Lackland and Ft. Sam Fisher Houses. We thank you.

#### GREAT COURSE DISCUSSION GROUP

*By Allan Novak*

The Great Courses Discussion Group at the Castroville Library is currently offering a course entitled "Archaeology: An Introduction to the World's Greatest Sites." This course is produced in partnership with the National Geographic Society and taught by renowned archaeologist and National Geographic Explorer Eric H. Cline, Ph.D. This course introduces viewers to more than 20 of the most significant archaeological sites, through which we are given insights into history, science, and the technology of archaeology. The course is presented in the format of video lectures followed by brief discussion periods. There is no cost and new participants are welcome at any time.



Join us at the Library on **Monday** evenings, **6:30-8pm**. For more information, contact the Library at 830-931-4095.

## **NOTES FROM DRAC**

*By Bill Ball, DRAC Secretary*

The DRAC Agenda and Minutes from every meeting are available in binders in the Library and in CC3 within one week following a DRAC meeting. DRAC Minutes are also forwarded to the Resident Council and included in its published minutes. Any resident should also be able to get a copy via email from their area's DRAC representative if they wish. We will no longer take up space in the Roadrunner since these are easily available elsewhere.

### **“Did You Know?”**

Microwaving Styrofoam containers causes them to potentially release toxic chemicals onto the heated food in the container. Please do not do this.

## **CHANGE!**

*By Marty Corcoran*

How many friends do you know who enjoy changes in their lives? I personally don't know of anyone who really likes changes in their life. Whether it is moving into a new house or apartment, no longer being able to drive, perhaps an unexpected illness or accident, children moving miles away, or children moving nearby, the arrival of a grandchild, or sadly the loss of a spouse.

It has been shown that going through changes in our lives alone with no one to talk about it with, is three times as stressful on your overall health than having a person walk with you through the experience.

Blue Skies of Texas has a group of people with fifty hours of training, especially in confidentiality (between only you and the person), to walk with you through your experience no matter how long it takes or whatever the need.

These people are called **Stephen Ministers**. If you would be interested or want to know more about us, please call: Frank Holder or Jean Dennis (see Resident Roster).

## **DRAC ELECTIONS IN SEPTEMBER**

*By Bill Ball, DRAC Secretary*

Starting in 2020, the Dining Room Advisory Council (DRAC) will have eighteen representatives - two from each of the nine major population areas (no at-large positions anymore). DRAC members stand for election every year, so all positions are open, but some residents have served so long they are not eligible in 2020.

The following DRAC representatives have reached their term limits, and we thank them for their many years of service:

Tom Reedy

Kathy Bader

Buzz Trustin

Joan Leydon

Mike Slominski

Bill Wilkins

Gina Skucas

Marilyn Goff

Ritchie Seymour

We need residents to bring their energy and ideas on Dining Services to DRAC to continue the progress we have made this year; so we are asking for volunteers to become candidates for representing the residents in their area.



This month we will begin putting out flyers to publicize the need for new residents to join DRAC, with elections to take place in September/October.

Please submit a Notice of Intent To Stand For Election. These forms will be available at the front desk starting in September. Residents for each area must submit their forms to the front desk collection box **by Oct 1**, to become a candidate.

## **RESIDENTS' PHOTO BOARD**

*By Ruth Ann Taylor*

Please do not remove or change the order of the photos on the Residents photo board located in the hall leading to Towers 1&2. The photography committee has the responsibility to take care of the photos. Each and every photo is there for a reason. If you have any questions, please call me (see Resident Roster).

## **BLUE SKIES WEST PURPLE MARTIN UPDATE**

*By Tom Carter*

We were very successful this year with production of fledglings from the BST West housing complexes. It is The Oaks lake seventh year for the 24 gourd complex; they had 21 pairs of Martins nested (same as 2018), laying 117 eggs, hatching 100 nestlings and fledging 94 birds. In the 12-gourd complex on the fishing lake behind Liberty House (4th year for this site), 12 pairs nested, laying 44 eggs, hatching 26 and fledging 15. Production percentages were down at this site, probably due to predators. Thanks to Barbara and Robert Boucher, bird activity was monitored for the housing complex behind Cottage 2001 (Rich Bendorf's cottage). At this site, 31 eggs were laid, 31 hatched and 28 fledged.

We had two new sites added to BST West this year. A 12 gourd complex was erected behind Garden Home 857 (JoAnn Oldham's home), which had 10 pairs of Martins producing 55 eggs, 50 hatchlings and 49 fledglings. A 6 gourd complex was erected behind Garden Home 830 (VeeJay and Glen Jackson's home), but it was too late in the season for nesting (however, several Martins visited the site; so we're sure it will have full occupancy in 2020).

## **VILLAGE VOICES**

*By Diana Greenly*

The Village Voices have started rehearsals for fall and holiday programs. It is not too late to join this dynamic group of singers. If you love to sing and can read music or learn a part, come join the Voices on **Tuesday** afternoons at **1:30pm** on the third floor of Liberty House!

## **HAND BELLS**

*By Martha Wesson*

We will begin playing once again on **Thursday, Sep 5**, from **10-11am** in the Art Room. New people are needed to help us play the second octave of bells that were prepared this summer. If you have a sense of rhythm, can read music and like to have fun, come join us for *just one hour* of dedicated time a week to enjoy creating beautiful music as a team. Call Rita Schmitt for more information (see Resident Roster).



## GADABOUTS

By JoAnn Oldham

Mark your calendar and join the Gadabouts on **Wednesday, Sep 4**, as we travel to Aspen Creek Grill for lunch. Check in time is **10:30am**. The bus leaves promptly at 10:45am. This monthly lunch outing is open to all singles and care givers. Please sign up in the pink Gadabout folder located in CC3.

## RESIDENTS' PHOTOS

By Ruth Ann Taylor & Tom Ryan

Attention new residents, and all others, who would like photos updated for the Residents' Picture Board in the hallway. The next photo session will be on **Wednesday, Sep 11**, at **10am** in the Helen LeMay Room. Please call Ruth Ann Taylor or Ellen Alkire for an appointment (see Resident Roster). Walk-ins are also welcome. We'll be looking for you!

## SEPTEMBER BIRTHDAY AND ANNIVERSARY CELEBRATION

By Vicki Fowler

**Who:** All BST West residents and guests are invited

**When:** **Wednesday, Sep 11**, Hosted Cocktails at **5pm** and Dinner at **6pm**

**Theme:** Prelude to Fall

**Entertainment:** Triple "T" Variety Band

**Menu:** Caprese Salad, Chicken Parmesan w/Rice & Broccoli, House Rolls & Panna Cotta w/Berry Sauce dessert. (A special diet alternative entrée is offered. Sign-up sheet is located in CC3.)

**Pictures:** Lily or Shock Shockley will be available to take the Birthday & Anniversary pictures at **4:30pm** in the Helen LeMay Room.

**Seating Time:** Doors open for regular seating at **6pm**. Those needing extra time for seating may enter at 5:45pm

**Decorations:** TBA

**Suggested Dress:** Summer Comfort

**Reservations:** The Reservation Chairpersons are Patricia McCarthy and Bonnie Gardner. Please follow directions and everyone is guaranteed a seat. All those planning to attend, including guests, must sign the list in the CC3 room. The list will be picked up at 1pm on Friday, Sep 6, or earlier if the 300 seating limit is reached. If you need to cancel after 1pm Friday, please call Patricia McCarthy or Bonnie Gardner (see Resident Roster for phone numbers). Important: If you cancel *after 1pm Monday, Sep 9*, please call the Dining Services Office (210-568-3232).

**Table Reservations:** To make a table reservation, call Patricia McCarthy or Bonnie Gardner (see Resident Roster for phone numbers). Table reservations are limited to eight. Come alone and be seated with other interesting people. Reservations are needed for the Singles & Caregivers table. Reservations are not taken through the Dining Room for this event. *Each person must sign up including guests.*

**Hosted Cocktails:** Cocktail Hour for all BST West residents and guests will be held in the CC rooms from **5-6pm**. Hosts for the evening will wear colorful and distinctive



name tags. The list of hosts provided by the Chair, Hal Lutz, includes: Bill & Linda Ball, Richard Bendorf, Pat Benigno, Karl & Mary Bourgeois, Bill & Judy Butkovich, Tom & Blaine Craig, Larry & Hilda Cunningham, Mike & Peggy Durack, Fred & Martha Glauner, Chuck Gunti, Bob & Kyle Hood, Tom & Luanne Jones, Ralph & Edie Kelly, Mike & Kathy Kulikowski, Hal & Bonnie Lutz, Mac & Karen McDonald, Bill & Dee Mann, David & Diane Marx, Dixie Miller, Red & Pat Natkin, Jim & Vickie Phelps, Jim & Vivian Ray, Tom & June Reedy, Gil Richardson, Bob & Jane Rutledge, Ritchie Seymour, Mike & Sylvia Slominski, Forrest & Ingrid Smith, Doug & Mary Stewart, Jim & Clare Taylor, Mike & Terry Voller, Joe & Peggy Wright, Connie Wyckoff.

### **SING-ALONG STRINGS UKULELE BAND**

*By Verna Mae Roberson*

Mark **Saturday, Sep 14**, on your calendar! There'll be another fun crowd gathered in the CC Rooms at Blue Skies East at **7pm**. We absolutely filled up the place last month; folks had to go find more chairs. The popcorn is hot and Cory always has some delicious snacks for halftime. By the way, even though we can't usually do requests on the spot, we will try to play them at the next sing-along. We play cowboy songs, WW II ballads, "dirty ole" Air Force songs, Hawaiian, love, rock 'n' roll, and lots of silly songs. If you plan to ride the 6:30pm bus, be sure to sign up at the Front Desk as soon as possible. See you there!

### **LSC SEPTEMBER BUNCO LUNCHEON**

*By Lee Wells*

The Lackland Spouses Club (LSC) will be hosting a Bunco luncheon at the Lackland Gateway Club on **Tuesday, Sep 17**, at 10:30am. The cost of the buffet will be \$15 for Gateway club members and \$17 for non-members. There will be a complimentary bus to take us to the club. Blue Sky Members of the LSC must make your reservation to attend by signing up in the BST East or West Activity book in your respective CC Room by noon on Thursday, Sep 12. I will check the sign-up sheets and submit your reservation at this time. No cancellations after Sep 12. The bus will depart BST West at **10am** and BST East at **10:15am**. Return pick up will be at 1pm. The game of Bunco is so easy to learn and fun to play. You can still join the LSC at this luncheon! Annual dues are \$40 for married spouses and \$0 (Yes \$0) for widows. Please contact Lee Wells if you have any questions (see Resident Roster).

### **RACE TO THE CLOUDS**

*By Bill Overacker*

The Pikes Peak International Hill Climb is an annual automobile and motorcycle hill climb to the summit of Pikes Peak in Colorado on the last Sunday in June. The track measures 12.4 miles and has over 156 turns, climbing 4,720 feet. This is the second oldest motor event in the US. There were 85 registered entrants consisting of 58 cars and 27 bikes representing 17 countries in this year's event. To assure communication and coordination, the Pikes Peak Amateur Radio Emergency Service (ARES) provided 23 radio operators and equipment along this event's route. This is a tough event to support: long hours from 0230 to 1730; tight communication protocols; and the difficult conditions of weather and altitude. All these were encountered with





multiple air and ambulance evacuations to include one fatality, plus wind, rain, hail and lightning. A job well done by Pikes Peak Amateur Radio Club!! All are invited to the next BST Amateur Radio Club meeting on **Thursday, Sep 19**, at **11:30am** in CC1. Please contact Joel Lichtenstein for more information.  
73—(Best regards in Ham language).

### **LIBBY'S CARD MAKING CLASS**

*By Sandy Shull*

Creative card makers reserve the date! **Thursday, Sep 19**, from **1-3pm**, Libby will be here again to share her artistic talents. She provides all the card stock, decorative papers, stamps, ink pads, embellishments, punches, Big Shot Die-Cutting Machine - everything you need to create one-of-a-kind greeting cards! Class will be held in CC3; it is limited to 12 participants; cost is \$15.00 for five completed cards! Sign up in the September Activity book and come enjoy an afternoon of fun. For more info, contact Sandy Shull (see Resident Roster).

### **THE LOOSE THREADS**

*By JoAnn Oldham*

The Loose Threads will board a Blue Skies bus on **Friday, Sep 20**, to attend the Greater San Antonio Quilt Guild Festival of Quilts. The Festival is celebrating the color and beauty of quilts with 300 judged quilts on display. The bus will depart promptly at **9am** and will return at 12pm. There is an admission charge of \$8.00. This trip is open to all Blue Skies residents. Please sign up for the bus in CC3. There will be no regular Loose Threads meeting in September.


### **RED HATS LUNCHEON**

*By Celia McClland & Lee Wells*

The next Red Hats Luncheon will be on **Friday, Sep 20**, at **11:30am** at Aldo's Ristorante Italiano located at Dominion Ridge, 22211 I Interstate 10W #1101, San Antonio, TX 78257. The bus will leave at **10:45am**. Pick up will be at 1:15pm. Signup in CC3 by Monday, Sep 16.

### **SMART DRIVER COURSE**

*By Jim Kniker*

 The next course is **Friday, Oct 4, 12:30-5pm** in the *Roadrunner* Lounge. AARP has dedicated considerable time and resources to creating the best possible Driving Safety course using extensive curriculum research. The Smart Driver Course features the most informative and relevant content from previous editions – updated to reflect the latest driver safety and transportation innovations – bundled with fresh information based on new research, expert recommendations and volunteer and participant insights. Most auto insurance companies give a premium discount to those who complete the course. You must attend the course once every three years to be eligible for the discount. The cost of the course is \$15 for AARP members and \$20 for nonmembers. Sign-up sheets are in CC3.



## GADABOUTS

*By Melissa Sandifer*

Join the Gadabouts as we visit the La Fonda on Main restaurant for a time of good food, fun and fellowship on **Wednesday, Oct 2**. All widows, widowers, singles and caregivers are invited to join us. Please check in with your hostesses, Andrea and Melissa Sandifer at **10:30am**. The bus will depart at 10:45am. Please sign up no later than noon on Monday, Sep 30.

## RESIDENT COUNCIL ELECTIONS 2019

*By Tom Reedy, Secretary*

The Resident Council consists of elected representatives from nine Independent Living areas. If you are interested in serving, pick up a "Notice of Intent to Stand for Election" form at the Front Desk. Complete the form and return it to the ballot box, adjacent to the Front Desk, between **Sunday, Sep 1**, and **noon, Wednesday, Oct 9**.

Current elected members who have served less than three terms and who wish to serve in 2020 are also required to submit the "Notice of Intent to Stand for Election" document.

## NATIONAL MUSEUM OF THE AIR FORCE PRESENTATION

*By Milly Smith*

On **Monday, Oct 14** at **2pm** in the Roadrunner Lounge, a representative from the Air Force Museum Foundation will be delighted to present information about the National Museum of the U.S. Air Force™ and its role to preserve and share our USAF heritage. Current plans include the opportunity to see reproductions of archival material not normally on display at the Museum.

The National Museum of the U.S. Air Force™ is the world's largest military aviation museum. The Museum has more than 360 aerospace vehicles and missiles amid over 19 acres of indoor exhibit space, highlighting the people and events from the Wright brothers to the Space Age and beyond.

If you plan to attend, we ask you to please RSVP to Michelle Serna in the Development Office (210-568-3290; [michelleserna@blueskiestx.org](mailto:michelleserna@blueskiestx.org)) by **Wednesday, Oct 9**. We hope you can join us!

## ATTENTION GREENTHUMBS

*By Jim Conner*



On **Friday, Oct 25**, at **10 am**, David Rodriguez, Texas A & M AgriLife Extension Service, will give a presentation in the BSTW Roadrunner Lounge on gardening and landscape plants. He will also address container plants for those of you who like to have something on your balconies. We will be having lunch with him, please join us for some interesting discussions. David has a popular Lawn and Garden show on WOAI Radio on Saturdays, 7-10am if you would like to know what type of information he can cover.



## **ATTENTION ALL ARTISANS**

*By Kathleen Andrews*

The Arts and Crafts Fair will be on **Friday, Nov 22**, from **10am-3pm** in the Blue Skies West lobby. The purpose of this event is to encourage residents to be creative and to give their items a venue for display and/or for sale. Items must be handmade by the resident who reserves the space. Don't miss this opportunity to support our resident artisans and to do some of your Christmas shopping. More details will be available in the October newsletter. For more information, contact Kathleen Andrews (see Resident Roster).

## **RELIGION**

### **JEWISH SERVICES INFORMATION**

Sabbath Eve Service meeting is held on **Fridays** at **4:30pm** at Lackland's Airmen Memorial Chapel.

### **EPISCOPAL CHURCH**

*By Dougie Clarke*

There is an Episcopal Service with the Holy Eucharist every **Thursday** at **3pm** in the High Flight Chapel.

### **CATHOLIC NEWS**

*By Annie Moore*

**Saturdays - 11am** Mass (For Sunday, by special dispensation of the Archbishop) in the High Flight Chapel

**Second Saturday of the Month** – Birthdays & Anniversaries will be recognized with a special blessing at the Saturday Mass

**Saturdays/Sundays** - Freedom House: Catholic residents will be visited, beginning about **1:30pm**, with Holy Communion and prayers

**Wednesdays - 9am** Mass in High Flight Chapel. Following the *first Wednesday* Mass every month, Coffee & Theology will be held in the Roadrunner Lounge

**Wednesdays** – Sep-May, **3pm**, Rosary in the Blessed Sacrament Room

**Third Tuesdays – 10am**, Catholic Council meets in Conference Room #110. Guests are welcome!

**First Thursdays – 1pm**, Knights of Columbus Council 10593, Blue Skies Round Table in Conference Room #110. The Round Table meets on the *first Thursday* of each month. All Knights are invited to attend whether they belong to Council 10593 or not. Any man interested in joining the Knights is also welcome to attend.

**Fridays** – Adoration **1-5pm**, Blessed Sacrament Chapel

**St. Vincent de Paul, Castroville** – First Saturday Donations

**Pastoral Care** - To meet privately with a priest for Reconciliation or Anointing, please contact Deacon Pat Benigno. Hospitals have a Catholic priest available; so ask a staff member to contact him.



**Spiritual Direction** - Fr. Rich Bendorf, OFM, is available for spiritual counseling by appointment. If you are interested, contact him by text or email.

## **AFV II PROTESTANT CHURCH**

*By Carmen Perez, Church Secretary*

<b>Protestant Services:</b>	High Flight Chapel <b>9:30am and 11am</b>	Willow Chapel <b>9:30am &amp;</b> Freedom House <b>10:45am &amp;</b> Liberty House ( <b>Thurs 10:30am</b> )
Sept 1	G. Richardson	D. Figueroa
Sept 8	D. Figueroa	G. Richardson
Sept 15	W. Knutson	D. Figueroa
Sept 22	G. Richardson	W. Knutson
Sept 29	W. Knutson	J. Phelps

*This schedule is subject to change without notice*

**Freedom House Worship Service** – Held each **Sunday** at **10:45am**, with Communion. All are always welcome.

**Liberty House Worship Service** – Held each **Thursday** at **10:30am**. All are welcome. Communion is held the second Thursday of each month.

### **Bible Study and Weekday Service Schedule:**

**Tuesday Morning Bible Study** – **9am** in CC3 has recessed until September. For more information, please contact Connie Wyckoff (see Resident Roster).

**Wednesday Mid-week Service** – Held in the Willow Chapel, located in The Vista, at **10am**. For more information, call the church office 210-568-3372 or Pastor Gil at 210-262-9550.

**Ladies' Bible Study** - Will resume **Wednesday, Sep 4**, at **10am** in the Theatre on the third floor of Liberty House. This seven-session study entitled "One in a Million: Journey to Your Promised Land" is presented by Priscilla Shirer, video Bible teacher, and facilitated by Ginny Hallager. Workbooks are available for \$13 each. For more information, contact Ginny or Jo Dobbs (see Resident Roster).

**Bible Study Fellowship** – Will resume Sep 12 and meet each **Thursday** at **10am** in Room 112. For more information, please contact Paddy Farino and Vickie Phelps.

**Liberty House Bible Study** – Meets on the first floor of Liberty House every **Thursday** at **3pm**. Join us as we study how Scripture applies to our lives today. The public is invited. For more information, contact Dan Corcoran (see Resident Roster).

**Interested In Joining AFV II Protestant Church?** – If you desire to unite with the Air Force Village II Protestant Church, you may transfer your membership by letter or statement, request dual membership, whereby you retain membership in your present church. If you do not belong to a church, you may join by profession of faith; you may also join by reaffirmation of faith. For more information, please speak to one of the Pastors.



## **BIBLE STUDY FELLOWSHIP**

*By Vickie Phelps & Paddy Farino*

Our second year of Bible Study and Fellowship here at Blue Skies will begin on **Thursday, Sep 12**, at **10am** in room 112.

We will study, apply and share lesson in Acts and the Letters of the Apostles, seeing evidence of God's spirit, the growth of His church and the unstoppable witness of His people. Mark your calendars and plan to join us.

If you have questions, please call Vickie or Paddy (see Resident Roster).

## **HISTORY OF CHRISTIANITY**

*By Doug Stewart*

The Protestant Church Board has approved Doug Stewart to present for all residents the History of Christianity DVD course designed by Dr. Timothy George, a well-known and respected historian, Dean of Beeson Divinity School of Samford University. The six sessions provide glimpses of some of the pivotal events in the spread of Christianity. Sketches of Christian figures who have significantly affected Christian history; thereby shaping the history of the world, are shown. Doug will divide the one-hour class time between the narration of the DVD topics and class discussion. The presentations will be on Friday mornings at **10am** in CC3, beginning on Sep 13 as follows:

Sep 13 - *The Early church to AD430*

Sep 20 – *The Church in the Middle Ages: The Quest for Order in Medieval Times*

Sep 27 – *The Reformation: Division & Renewal Between Medieval/Modern Times*

Oct 4 – *The age of Reason and Piety: The Church in Early Modern Times*

Oct 11 – *City Set on a Hill: Christianity in the New World*

Oct 18 – *Into All the World: Christian Movement in an Age of Uncertainty*

## **SUNDAY EVENING SERIES**

*By Pat Caruana*

On the **first Sunday** of each month, we hold an evening video study of Ray Vander Laan's archeology lectures on the Middle East and Biblical Israel. Lectures are held in the third floor theater of Liberty House at **7pm**. Join us as we tour the ancient sights and listen to Mr. Vander Laan explain the historical significance of each site and how this history relates to Christian living today. Discussion time will follow.

## **PRAY FOR UNCLE SAM**

*By Pat Caruana*

Residents, please pray for our nation on the **first and third Thursdays of every month** at **10am** in the Helen LeMay Room. During that hour, you may come, pray and leave at any time; you don't have to stay the entire hour. Uncle Sam needs our prayers!



## SPORTS, GAMES AND SCORES

### **BST WEST PICKLEBALL ASSOCIATION**

*By Tom Carter*

Join us to play the fastest-growing sport in the USA and have some fun with other BST residents and guests. We play on **Tuesdays, Thursdays** and **Saturdays** at the BST West tennis courts from **8-10am**, weather permitting. Pickleball is played on a small court (about one-half of a tennis court), and provides seniors an ideal way to get exercise. Gender or strength is of no advantage in this sport. We have the required paddles, balls, nets, etc.; so come out, and we'll provide instructions and show you how easy it is to play. For further information, contact Helen Vanderneck, Don & Debbie Christian, Keith & Susan Shumaker or Tom Carter.

Also, indoor courts and Pickleball equipment are available at Lackland AFB Medina Annex Fitness Center on a first-come, first-served basis. Medina hours are Mon-Fri , 5am-9pm and Sat/Sun/Holidays, 8am-4pm.

### **NATIONAL MAH JONGG LEAGUE**

*By Gayl Ganskow*

If you are familiar with the card game Gin Rummy, you have a head start to understanding "MJ." There are no playing cards here because in MJ you mix, pick, discard and arrange your tiles in combinations for a winning hand. The ideal game is played with four players; however, two or three players can play and have a great time as well. Come and enjoy! We play three times a week, no sign up, just show up.

Playing Sessions: Wednesdays, 1-3:30pm in CC3, All B&A days - 2nd Wednesday of each month, Card Room 112 (Card Room is located across from the Thrift Shop, first floor) Fridays in CC3 from 1-3:30pm, and Saturdays in CC2 from 1-3:30pm.

### **BOCCE**

*By David Capito*

Attention all individuals interested in playing bocce! The court will be closed for refurbishment until further notice. Rails are to be painted, the water drainage problem corrected, and a new carpet covering will be installed. A notice will be placed in the *Roadrunner* when the work is completed.

### **BST WEST TENNIS**

*By Buzz Trustin*

We are blessed with one of the finest tennis courts in San Antonio, which includes excellent lighting for night use, and a contoured backboard and electric-powered ball machine. Join us for mixed doubles each **Monday** and **Friday mornings**. All levels are welcome, 2.5 to 4.0. Call Dan Collin, Helen Vanderneck or Buzz Trustin for details.

### **BRIDGE RESULTS**

*By Ellen Parkhill, Reporter*

#### **Monday, Jul 2**

1. K. Bader/A. Wesson

2. S. Ambercronbie/B. Linn





**8-Ball, Saturday, Aug 10:** Same six keep showing up. Big John wins the first two games and Wild Bill wins number three, but loses number to T-Man. That put Killer, Big Dog, Ding Dong and Wild Bill in lower level. Big John and T-Man face off in game seven with Big John moving into the finals position. Down below, Killer sends Wild Bill home, Big Dog does likewise to Ding Dong and Big Dog win by default when Killer forfeits. T-Man sends the Big Dog back to his kennel and earns the right to face Big John in the finals. T-Man emerges victorious winning two games to be this week's champion. Way to come back strong T-man.

**9-Ball, Tuesday, Aug 13:** A different six show up. Ski wins games one and three, while T-Man beats Wild Bill in game two but falls to Big John in game four. Ski and Big John meet in game seven with Big John moving into the finals position and Ski going to the lower level. Ding Dong wins five, Big Dog wins six, and Dig Dong wins eight but falls to Ski in game nine. Big John and Ski repeat their earlier meeting but this time Ski wins two in a row to survive Big John's onslaught. Well done Ski.

**8-Ball, Saturday, Aug 17:** Five of the usual suspects appeared. Big John and T-man were early winners. Wild Bill, Big Dog and Ding Dong were their unfortunate opponents. Things finally got sorted out in the lower level when Big Dog, WB and then Big John, lost to Ding Dong who faced T-Man in the finals. T-Man prevailed and won the first game to be the day's big winner. Well done T-Man.

**9-Ball, Tuesday, Aug 20:** Only four today. Big Dog and Ski won games one and two but Ski fell in game three. Big John and T-Man having been banished to the lower level faced off with T-Man winning only to face Ski in game five. T-Man survived to not only win game five, but six and seven against Big Dog. T-Man wins; Big Dog goes home empty handed.





# LIBERTY HOUSE

*By Brandy Garcia, Liberty House Administrative Assistant*

## Highlights of September Activities

### Save The Date:

- Monday, Sep 2** - Exercise with Kathie, LH Lounge, **10am**, *LH OFFICE CLOSED*
- Wednesday, Sep 4** - Exercise with Kathie, LH Lounge, **10am**, Bingo, Act. Room, **3:15pm**
- Thursday, Sep 5** - Church, Third Floor Lounge, **10:30am**, Bible Study, Act. Room, **3pm**
- Friday, Sep 6** - Exercise with Kathie, LH Lounge, **10am**
- Sunday, Sep 8** - Randy & Jerry's Sing A-long, Third Floor Lounge, **3:15pm**,  
DVD of the Holy Land, LH Theater, **7pm**
- Monday, Sep 9** - Exercise with Kathie, LH Lounge, **10am**
- Tuesday, Sep 10** – Craft Day, LH Activity, **3:15pm**
- Wednesday, Sep 11** – 9-11 Ceremony, Main Lobby, **10am**, Bingo, Act. Room, **3:15pm**
- Thursday, Sep 12** - Church, Third Floor Lounge, **10:30am**, Bible Study, Act. Room, **3pm**
- Friday, Sep 13** - Exercise with Kathie, LH Lounge, **10am**,  
Ice Cream Social, LH Lobby, **3:15pm**
- Sunday, Sep 15** - Randy & Jerry's Sing A-Long, Third Floor Lounge, **3:15pm**
- Monday, Sep 16**- Exercise with Kathie, LH Lounge, **10am**
- Tuesday, Sep 17** – LH Dining Out, **3:15pm**
- Wednesday, Sep 18**- Exercise w/Kathie, LH Lounge, **10am**, Bingo, Act. Room, **3:15pm**
- Thursday, Sep 19** -Church, Third Floor Lounge, **10:30am**, Bible Study, Act. Room, **3pm**
- Friday, Sep 20** - Exercise with Kathie, LH Lounge, **10am**,  
Wine & Cheese Social, LH Lobby, **3:15pm**
- Sunday, Sep 22** - Randy & Jerry's Sing A-Long, Third Floor Lounge, **3:15pm**
- Monday, Sep 23** - Exercise with Kathie, LH Lounge, **10am**
- Tuesday, Sep 24** – Craft Day, LH Activity, **3:15pm**
- Wednesday, Sep 25** - Exercise with Kathie, LH Lounge, **10am**,  
Bingo, Activities Room, **3:15pm**
- Friday, Sep 27** - Exercise with Kathie, LH Lounge, **10am**,  
Malt Shop Memories 50's Party, LH Lobby, **2pm**
- Sunday, Sep 29** - Randy & Jerry's Sing A-Long, Third Floor Lounge, **3:15pm**

Calendar is subject to change without notice to time, date, or event taking place.  
Self-Directed Activities are daily, resident geared and includes evening hours.



# THE VISTA

By Paula Qualls, Activities Coordinator

## September Activities Highlights



### Save The Date:

- Sunday, Sep 1** – Church **9:30am** (every Sunday), Fellowship **11am**  
**Monday, Sep 2** – Short Stories **11am** (every Mon and Thurs), Labor Day  
BBQ Lunch **12pm**  
**Tuesday, Sep 3** –Resident Council **3:30pm**, Music w/Trustin, Mann, and  
Carwile **6:30pm** every Tuesday  
**Wednesday, Sep 4** – Devotion **10am** (every Wednesday), Music and Memory  
**11am** (every Wednesday), Honey, Hats, and Chats **2pm**  
**Saturday, Sep 7-** Music and Memory **3:30pm** (every Saturday)  
**Sunday, Sep 8** –Happy Grandparents Day Lunch **12pm**  
**Monday, Sep 9** – Share your Care “Care Bears” **10am**, Music w/Carlos **3pm**  
**Tuesday, Sep 10** – Resident Outing **11am**  
**Wednesday, Sep 11** – Music w/ Mike **5:30pm**  
**Thursday, Sep 12** – Music w/ Marty **2pm**  
**Saturday, Sep 14** – Overcome words for you w/Bruce **10:30am**  
**Monday, Sep 16** – Birthday Party music w/Frank **3pm**  
**Wednesday, Sep 18-** Celebration USAF Birthday **10am**  
**Thursday, Sep 19-**Cooking Demo **3:30pm**  
**Saturday, Sep 21-** Music w/Ajejandro **6:30pm**  
**Monday, Sep 23-** Ukulele **10am**  
**Tuesday, Sep 24-** Line Dancing **10am**, Vista Outing **11am**  
**Friday, Sep 27-** Sock Hop Party **2pm**

### Happy National Environmental Service Week Sep 9-13, 2019

Day Care Kids visit every Tuesday and Thursday **10:30am** weather permitting.

Calendar is subject to change without notice to time, date, or event taking place.

Self-Directed Activities are resident geared and personal choice to include evening hours. Please ask Nursing if you have any questions.

Pet Therapy dogs, Rex & Bruno, to visit weekly.



# FREEDOM HOUSE

By Rose Garza, Activities Coordinator

## Highlights of September Activities



### Save The Date:

- Monday, Sep 2** - National Blueberry Popsicle Social, **2pm**
- Tuesday, Sep 3** - Bingo, **2pm**
- Wednesday, Sep 4** - Childcare/Residents Activity (Noodle Ball), **10:30am**
- Thursday, Sep 5** - Music and Memory, **3:30pm**
- Friday, Sept 6**- SingFit w/Rose, **2pm**/ Dinner Movie, **6:30pm**
- Saturday, Sep 7** – Bingo, **2pm**
- Monday, Sep 9** - Exercise, **11am**/ Residents Monthly Birthday Party, **1:45pm**
- Tuesday, Sep 10** - Bingo, **2pm**
- Wednesday, Sep 11** - Childcare/Residents Activity, **10:30am**/ Lunch Outing, **11am**
- Thursday Sep 12** - Water Color Arts, **2pm**/ Music and Memory, **3:30pm**
- Friday, Sep 13** – Wine and Cheese Social, **2pm**/ Dinner Movie, **6:30pm**
- Saturday, Sep 14** - Bingo **2pm**
- Monday, Sep 16** - National Cinnamon Raisin Bread/ Guacamole Day Social, **2pm**
- Tuesday, Sep 17** - Let's Travel To?, **11am**
- Wednesday, Sep 18** - Childcare/Residents Activity (Fishing Game), **10:30am**
- Thursday, Sep 19** - Decorate Cookies, **2pm**/ Music and Memory, **3:30pm**
- Friday, Sep 20** – Exercise, **11am**/ Dinner Movie, **6:30pm**
- Saturday, Sep 21** – Bingo, **2pm**
- Monday, Sep 23** - National Snack Day Social, **2pm**
- Tuesday, Sep 24** - Music w/Carlos, **2pm**
- Wednesday, Sep 25** – Freedom House Luau, **2pm**
- Thursday, Sep 26** - Music and Memory, **3:30pm**
- Friday, Sep 27**- Music w/Ajejandro, **2pm**
- Saturday, Sep 28** – Bingo, **2pm**
- Monday, Sep 30** - Bean Bag Toss, **3:30pm**

