

BST WELLNESS AND LIFE ENRICHMENT



EAST MEETS WEST - MARCH 2020

MEDICATION PICK UP SERVICES

Medications picked up at Reid Pharmacy and HEB Pharmacy at Valley-Hi are available for *pick up in the Wellness Center on*

West Campus – Monday, Wednesday, Friday 1-4pm

East Campus – Tuesday, Thursday, Friday 1-4pm

Important Note: For new prescriptions requiring *immediate use*, please notify one of the following Wellness Team: Janelle Aguilar at (210) 568-5031 [East] or (210) 568-3417 [West], Marla Casanova at (210) 568-5042 [East] or (210) 568-3356 [West], Shari Proctor at (210) 568-5206 [East] or (210) 568-3355 [West].

NOTES FROM WELLNESS & LIFE ENRICHMENT DIRECTOR

By Shari Proctor



Got Surgery? – Your BST Wellness Team provides one of many valuable services - we follow up with residents undergoing scheduled and unscheduled surgical/medical procedures in order to insure you have a successful return home. So, this is just a friendly reminder to please notify the Wellness Team if you are scheduled to undergo a surgical/medical procedure so we can follow up with you in the hospital to assist in your discharge plans. Living in a Continuing Care Retirement

Community (CCRC) means you have all levels of care available to you right here at BST. Discharge plans from a hospital or ambulatory surgical center could include coming to The Mission or The Vista for skilled nursing care, or home health services, or outpatient therapy, all of which the Wellness Team helps coordinate with you and/or your spouse/family. Planning helps us to help you avoid a potential medical crisis when returning home directly from the hospital or surgical center.

Coffee Talks with Barbara – Tuesday, Mar 3, 10am, East Main Lobby – Coffee Talks is a new series of informal get-togethers with Barbara Freeman, PT and Director of Rehab at Blue Skies of Texas. Beginning in March, Barbara will be in the East Main Lobby the first Tuesday of each month to start the conversation on information that can keep you upright and moving. So please come on down to the Main Lobby and join us for coffee + donuts + conversation = Coffee Talks with Barbara.

Cheesy Talks with Scott – Wednesday, Mar 4, 2pm, West Main Lobby - Cheesy Talks is a new series of informal get-togethers with Scott Jones, OTR, Rehab

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Manager. Beginning in March, Scott will be in the West Main Lobby the first Wednesday at 2pm of each month to get the conversation started about staying upright and mobile. So, please join him in the Main Lobby for cheesy cakes + conversation = Cheesy Talks with Scott.



Low Vision Expo, Saturday, Mar 7, 9am, TriPoint Event Center – Road Trip! The annual Low Vision Expo will feature more than 60 agencies and vendors who provide services and devices for those with low vision. Attendees will be able to have hands-on experience with adaptive aids such as closed circuit television magnifiers, handheld magnifiers, talking book devices and much more. Please call Shari Proctor at (210) 568-3355 if you would like

to attend. The bus will depart West at **9am**, and East at **9:15am**. We should return home at approximately 11:30am.

Medicare Advantage Plan Open Enrollment Jan 1 – Mar 21 – If you are currently enrolled in a Medicare Advantage Plan, you can change to a different Medicare Advantage Plan or switch back to Original Medicare (and join a separate Medicare Prescription Drug Plan). Changes made would begin the 1st of the month following your request. If you have any questions, please see Shari Proctor or Shirley Clay.

RESIDENT COUNSELOR INFORMATION

By Shirley Clay



Lackland Legal - Lackland Legal will be at **West** to meet individually with West residents on **Tuesday, Apr 7**, in Conference Room #110. Appointments will be from **1-4pm**. If you have a military identification card, cannot drive and wish to change or update your will, please call Shirley Clay at **210-568-5029** to schedule an appointment. Please Note:

Lackland Legal cannot assist you if you have a trust.

If you can drive to the Lackland Legal Office and meet with a lawyer, please call the Legal Office at 210-671-3362 for an appointment. You must complete a Will Worksheet before your appointment, whether it is on campus at Blue Skies or at Lackland Legal. Will Worksheets are available in the Wellness Office or online at <https://aflegalassistance.law.af.mil>.



DFAS Tax Forms – If you have not received your 1099R tax form from Defense Finance and Accounting there are several ways to submit a request. You can go online to <https://www.dfas.mil/> to request a copy, or you can call the DFAS automated system at 1-888-332-7411 to make a request. If you have moved and did not update your address

with Department of Defense, or you were unsuccessful in ordering a duplicate 1099R through the other methods mentioned above, you can call DFAS directly at 1-800-321-1080. Please be aware the wait time to speak with a customer service representative can be as long as a couple of hours, especially at this time of year. The easiest way for a computer user to access tax information as well as all



account information from DFAS is to set up a MyPay account. There are various steps involved and information is available at <https://mypay.dfas.mil/#/>.

WELLNESS CENTER

By Janelle Aguilar, Medication Liaison



Reid Pharmacy accepts electronic fax prescriptions from physicians; please provide your physician's office with the following electronic address when sending electronic fax prescriptions: *DoD Reid Ephcy*. The fax number for the Reid Pharmacy is 210- 671-6486. Please provide this number to your doctor if he/she is faxing a prescription for you. Please submit requests for refills with the

Wellness Center.

Reid Pharmacy Refill Requests - please request medication refills at the Wellness Center (West - Room 102 & East - Room 112), using one of the following methods:

- 1) Drop the empty med bottle in the drop boxes located outside of the above designated Wellness Center offices, and in addition for East, the Mid-Rise Dropbox outside of the Sew 'N Sews Room; or
- 2) Complete the Reid Refill Request Form located at the drop boxes.

MEDICAL & WELLNESS SCHEDULE

By Ashlie Campos, Health & Wellness Liaison

Please Note: For information regarding acceptance of specific insurance plans, please contact the Provider directly.

Primary Care Physicians

Alsace Family Practice – will be at BST on the following dates. Please call 830-538-3550 to schedule an appointment.

- **West Specialty Clinic – Wednesdays, Mar 4, 11, 18 & 25, 9am-4pm**

MD VIP - Dr. Patrick Peters - will be at BST on the following dates. Please call 210-521-7676 to schedule an appointment.

- **West Specialty Clinic – Tuesdays, Mar 3, 10, 17 & 24, 8am-5pm**
- **East Specialty Clinic II – Fridays, Mar 6 & 20, 8am-12pm**

San Antonio Family Physicians - Dr. Eric Bernstein will be at BST on the following dates; please call 210-523-7237 to schedule an appointment.

- **BSTW Specialty Clinic Too – Thursday, Mar 26, 9am-12pm**

Visiting Physicians Group – Dr. Pham will be at the **East** Specialty Clinic on **Mondays, Mar 2, 9, 16, 23 & 30** from **9:30am-4:30pm**. Please call 210-733-5072 to schedule an appointment.

Zarate Medical Group – Dr. Jocelyn Zarate will be at the **West** Specialty Clinic Too on **Tuesdays, Mar 10**, from **1-5pm**. Please call 210-587-8787 to schedule an appointment.

Cardiology



Cardiovascular Institute of South Texas - Dr. Bruce Kuo will be at BST on the following dates. Please call 210-920-8000 for an appointment and specify your request to be seen at BST West or East.

- **West Specialty Clinic – Fridays, Mar 13 & 27, 8am-12pm**
- **East Specialty Clinic II – Wednesday, Mar 4, 9am-12pm**

Dental

Emerald Crossing Family Dentistry – Dr. Julian Martinez, DDS will hold clinic days at BST on the following dates. To schedule an appointment, please call 210-674-3122, or email your dental request to the following email address: blueskiesoftxdental@gmail.com.

- **West Dental Clinic – Tuesdays & Thursdays, 9am-5pm**
- **East Dental Clinic – Fridays, 9am-5pm**

Optometry

Home Eye Care Associates – Dr. Richard Sorensen, licensed Optometrist, will be at BST on the following date to perform annual eye exams. Please call Ashlie Campos at the West campus, 210-568-3416, or at the East campus, 210-568-5076 to schedule an appointment.

- **West Specialty Clinic Too – Friday, Mar 27, 1-4pm**
- **East Specialty Clinic – Friday, Mar 27, 9am-12pm**

Valley Hi Optical – Kathy Hernandez will be at BST on the following dates to clean and adjust eyeglasses at no charge. To fill a prescription for eyeglasses, please call 210-674-9461 to schedule an appointment.

- **West Specialty Clinic Too – Wednesday, Mar 18, 1-2pm**
- **East Specialty Clinic – Wednesday, Mar 18, 10-11am**

Audiology

Audicles Hearing Aid Service will be at BST on the following dates; please call 210-820-0525 to schedule an appointment.

- **West Specialty Clinic Too – Dr. Jane Watson, Audiologist**
Thursdays, Mar 5, 12 & 19 9am-12pm
- **East Specialty Clinic – Dr. Tracy Board, Audiologist**
Wednesdays, Mar 11 & 25, 9am-12pm

Massage Therapy

Jacqi Crow, Licensed Massage Therapist will be at BST on the following dates. For an appointment, please call or text Jacqi at 210-818-5242.

- **West Specialty Clinic Too – Mondays, Mar 2, 9, 16 & 23, 1-5pm**
Thursdays, Mar 5, 12, 19 & 26, 1-5pm
Fridays, Mar 13 & 20, 1-5pm
- **East Specialty Clinic – Tuesdays, Mar 3, 10 & 24, 1-5pm**



Podiatry

Podiatry Group of South Texas - Dr. Steven Kissel, DPM will be at BST on the following dates. Please call 210-222-1077 to schedule an appointment.

- **West Specialty Clinic Too – Monday, Mar 9, 8:30-11:30am**
- **East Specialty Clinic – Monday, Mar 9, 1-3:30pm**

Wellness Checks

AA Care Services joins **At Home Medication Management** in conducting complimentary Wellness Checks every **Thursday** at both BST Campuses at the following times:

- **West, Library Area, 9:30-10am**
- **East, CC1, 10:30-11am**

Wellness Checks include blood pressure, weight and temperature checks.

Therapy

Therapy - Select Rehabilitation – Are you at Risk for falls? Stop by the Specialty Clinic to find out your risk. Save yourself from embarrassment, pain and potential fractures:

West Specialty Clinic Too – Wednesday, Mar 11, 2-3pm

East Specialty Clinic – Tuesday, Mar 17, 2-3pm

Occupational, Physical and Speech Therapy - Select Rehabilitation provides therapy services on the East Campus in the Vitality & Fitness Center, and on the West Campus in the Outpatient Clinic near the Beauty Shop. Your physician can fax physician orders directly to the therapy department, or you can call the Select Rehab therapy department at:

East Campus – Phone: 210-568-5171 or Fax: 210-670-9993

West Campus – Phone: 210-568-3415 or Fax: 210- 677-0551

Legacy Physiatry Group will meet with residents at the **West Specialty Clinic Too** on **Friday, Mar 27, 9am-1pm**. A Physical Medicine and Rehab Specialist is a medical doctor who specializes in restoring function, reducing pain, and improving quality of life. They focus on helping patients achieve their own unique functional goals. They also educate patients about their diagnosis and coordinate a multidisciplinary approach to non-operative (conservative) musculoskeletal care treatment.

Physical Medicine and Rehab Specialists not only have specialty training in neurological and musculoskeletal problems, but also understand how these medical issues can affect a patient's ability to function independently, their mood and quality of life. Through their breadth of training, they aim to rehabilitate the whole person, addressing their physical, emotional, medical, and vocational needs. Please call 972-881-4688 to schedule an appointment.



SELECT REHABILITATION NEWS



The “C” Word – Living with Cancer Nearly every person in the US today has a friend or family member that has been directly affected by cancer. While cancer affects persons of all ages and stages of life, cancer is more frequently diagnosed in older persons -- 78% of all cancer diagnoses are in persons aged 55 or older. Screenings and healthy choices can reduce the number of new cancer cases and prevent many deaths. The management of symptoms related to cancer and its treatment is an important part of cancer care, affecting the completion of treatment and quality of life, as well as physical and psychological functioning. **How can PT, OT and SLP help?** Physical and cognitive impairments because of preexisting medical problems, the cancer itself, or cancer treatment may significantly reduce the ability to function, resulting in disability and poor quality of life. Examples of impairments include muscle weakness, swallowing or speech problems, lymphedema and physical disability as a result of major surgery. It is common to have multiple impairments that should be treated with an interdisciplinary rehabilitation approach. Rehabilitation can be applied throughout the entire phase from the time of diagnosis to the terminal stage, and it is an approach that can involve psychosocial aspects as well as physical aspects. Your rehab team can provide practical and helpful interventions and resources in order to assist you or your loved ones throughout the cancer continuum. If you would like to receive more information on how the therapy department can help you or your loved one, please call:

210-568-5171 for the East campus
210-568-3415 for the West campus

ALZHEIMER’S CAREGIVER SUPPORT GROUP

By Kurt Riedel, Freedom House Director



Please join us on **Wednesday, Mar 18 at 10am** in the Helen LeMay Room at **West**. If you are caring for someone with Alzheimer’s disease or dementia, then life may feel like an uphill battle at times. BST wants you to know you are not alone. There are other Blue Skies residents going through the same fight. Our Alzheimer’s Association-sponsored support group meets every third Wednesday of the month. Come and share your experiences and be uplifted by others’ stories as we face the challenges of Alzheimer’s head-on. For bus transportation, please contact the Front Desk.

LIFE ENRICHMENT

Hope Santos, Life Enrichment Manager, & Carol Estala, Activities Coordinator



Mar 2020 Exercise Schedules are available in CC1 at both the East and West Campuses.

Fitness Class Announcements:

West - Wednesday, Mar 11 – 3pm Cardio and 3:30pm Stretch & Flex

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will be held in the LH Lounge, 3rd Floor.

West - Tuesday, Mar 3 – 3pm Balance class is cancelled due to Election Day.

East – Friday, Mar 6 – 10:30am East Chair Exercise class is cancelled due to CPR Class.

Blue Skies Upcoming Events



Market Days 2020 – Blue Skies created Market Days to provide an organized, equal-opportunity venue for resident-sponsored vendors who desire to sell products to Blue Skies of Texas residents and staff on our campuses. All Vendors must have a resident sponsor and have the Market Day form filled out and submitted with payment to the Activity Coordinator prior to event date. If you have a new vendor in mind or currently sponsor a vendor, please obtain the form from the Activity Coordinator's office. Market Days are always **9am-2pm** and are scheduled on staff paydays to encourage sales for vendors. Please see the scheduled dates for both East and West campus Market Days below:

BSTE Market Days, CC Rooms

Friday, Apr 3

Friday, Oct 16

BSTW Market Days, Main Lobby

Friday, May 1

Friday, Aug 21

Friday, Nov 13

Blue Skies East



Sunday, Mar 15 – Resident Concert Series, BST West Main Lobby, **3pm**. Please come and enjoy Sung Chang, Gurwitz Piano Competition Medalist, for a great concert. **Bus departs BST East at 2pm.**

Friday, Mar 20 – AARP Smart DriverTEK Workshop, BST West, Roadrunner Lounge, **9:30am**. Sign up in CC1 to register and attend this free workshop brought to you by AARP where you will explore and learn all about new car technology. Please see the Front Desk for bus schedule to the West Campus.



Monday, Mar 23- National Chip & Dip Day with Magical Entertainment, Legacy Room, **2pm**. Come indulge in a variety of chips and dips in celebration of this national day while being entertained by Magician, Comedian and Illusionist, John O'Bryant.





Thursday, Apr 16 – Fiesta de Azul Skies, Main Lobby, **2pm**. Fiesta 2020 is here! Come join us for a fun time with food, fun and music by Mariachi Amador.

Sunday, Apr 19 – Resident Concert Series, BST West Main Dining Room, **3pm**. This month the musical entertainment is a Marimba band. **Bus departs BST East at 2pm**.

Friday, Apr 24- Village Voices, CC Rooms, **7pm**. Please come listen to the beautiful voices of some of our Blue Skies Residents as they entertain you with their spring concert.

Blue Skies West



Sunday, Mar 15- Resident Concert Series, Main Lobby, **3pm**. Please come and enjoy Sung Chang, Gurwitz Piano Competition Medalist, for a great concert.



Tuesday, Mar 17- St. Patrick's Day Celebration, RR Lounge/Liberty House, **2pm**. We will all meet in the Roadrunner Lounge where we will then parade to Liberty House for a St. Patty's Day Celebration. Be sure to wear your green, and for those who have walkers or scooters, why not decorate those too?

Friday, Mar 20- AARP Smart DriverTEK Workshop, Road Runner Lounge, **9:30am**. Sign up in CC3 to register and attend this free workshop brought to you by AARP, where you will explore and learn about new car technology.



Friday, Apr 17 – Fiesta de Azul Skies, Main Lobby, **2pm**. Come join us for a fun time with food, fun and music by Mariachi Amador. Viva Fiesta!

Sunday, Apr 19 – Resident Concert Series, BST West Main Dining Room, **3pm**. This month the musical entertainment is a Marimba band.

Thursday, Apr 23- Village Voices, Main Lobby, **7:30pm**. Please come listen to the beautiful voices of some of our Blue Skies residents as they entertain you with their spring concert.





Please Note: Once Blue Skies has purchased event tickets, cancellations are non-refundable.

Printed information for websites listed in the following events may be located in the Activities Book in East CC1, West CC3.

March

Wednesday, Mar 4, David Kauffman in Concert: "A Call to the Quiet," 7pm, St. Louis Catholic Church, Castroville, TX. The sign-up deadline is **has passed**. The bus leaves **East** at **6pm**, **West** at **6:15pm**.



Thursday, Mar 12, Altstadt Brewery, Fredericksburg, Texas. Tour this German-style castle for an amazing German beer experience. After the tour, enjoy a European-inspired lunch at the Altstadt Restaurant. There is no charge for the tour, and the cost of lunch is on your own. The sign-up deadline is **Monday, Mar 2**. The bus leaves **West** at **9:15am**, **East** at **9:30am**.

Wednesday, Mar 18, Acadiana Café. Enjoy this Cajun-style restaurant that offers seafood and more. Cost of dinner is on your own. The sign-up deadline is **Monday, Mar 8**. The bus leaves **West** at **4pm**, **East** at **4:15pm**.

Thursday, Mar 26, Ruby City Museum and Colonial Room Restaurant. We will start the day just south of downtown at San Antonio's newest museum, Ruby City, a contemporary art center where you can experience works by both local and internationally acclaimed artists. While visiting the museum, be sure to venture outside into Chris Park. The Park opened in 2005 to celebrate the life of Christopher Goldsbury, the son of late philanthropist and artist Linda Pace. The Park features lush foliage, inviting walkways, and most significantly, encounters with art. There is no cost for museum entrance. Cost of lunch buffet is \$18.95 each, to be paid at the restaurant. The sign-up deadline is **Monday, Mar 16**. The bus leaves **West** at **9am**, **East** at **9:15am**.

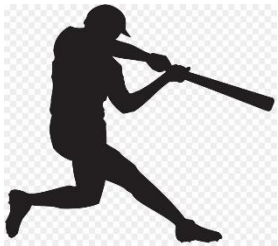
Saturday, Mar 28, Shooting Star Museum. Devine, TX. The bluebonnets are in blossom on the grounds of the museum, come enjoy the beauty as well as exploring all the great antiques and military memorabilia. You can also indulge in a lunch of burgers, sausage, drinks and chips that are available for cash donation. The sign-up deadline is **Monday, Mar 16**. The bus leaves **East** campus first at **10:15am**, **West** at **10:30am**.





Tuesday, Apr 7, *JESUS*, 6:30pm, Regal Cielo Vista 18 & RPX Movie Theater. With the Easter season upon us, what a perfect time to see this special event screening of *JESUS*. From the bustling streets of Jerusalem to the raging Sea of Galilee, *JESUS* is the musical stage adventure that has been seen by more than one million people. Tickets are available to purchase now; please go to <https://tinyurl.com/w2ou9dx> to purchase your seats; be sure to select the Apr 7 showing. The sign-up deadline is **Friday, Mar 27**. Bus will depart **West** at **5:30pm** and **East** at **5:45pm**.

Tuesday, Apr 21, San Antonio Missions Baseball. It is \$2 Tuesday at the San Antonio Missions, a Minor League team of the Pacific Coast League and Triple-A affiliate of the Milwaukee Brewers. Come see the excitement as they bat-up against Iowa Cubs; you can also enjoy \$2 beer, sausage and pizza slices. Cost of ticket is \$13.75 each and will be billed to your account. The sign-up deadline is **Saturday, Apr 11**. The bus leaves **West** at **6:15pm**, **East** at **6:30pm**.




Wednesday, Apr 22, Y.O. Ranch Headquarters, Mountain Home, TX. The Y.O Ranch is a historic Texas Hill Country destination, offering a premier wildlife experience. Upon arriving at the ranch, you will enjoy a home-cooked BBQ lunch buffet. After lunch you will hop on one of their safari buses for a tour that will take you up close to animals from around the world. Be sure to bring your camera and binoculars to capture these animals in natural settings. Cost of this 2-hour tour and lunch combined is at a discounted rate of \$50 per person and will be billed to your account. The sign-up deadline is Sunday, Apr 12. The bus leaves **West** at **9:45am**, **East** at **10:00am**.

THE ARTS





 **Friday, Feb 28, Hollywood Hits, 8pm, Tobin.** The sign-up deadline is **has passed**. The bus leaves **West** at **6:30pm**, **East** at **6:45pm**.


 **Saturday, Feb 29, Remember, 7pm, Tobin.** The sign-up deadline **has passed**. The bus leaves **West** at **5:45pm**, **East** at **6:00pm**.


 **Saturday, Mar 14, Mozart and Ravel, 8pm, Tobin.** You can purchase tickets online at <https://tinyurl.com/yetr38gc> or call (210) 223-8624. The sign-up deadline is **Wednesday, Mar 4**. The bus leaves **West** at **6:15pm**, **East** at **6:30pm**.





 **Friday, Mar 20, Seductive Spanish Guitar, 8pm, Tobin.** You can purchase tickets online at <https://tinyurl.com/yz46wg2v> or call (210) 223-8624. The sign-up deadline is **Tuesday, Mar 10**. The bus leaves **West at 6:30pm, East at 6:45pm**.


 **Friday, Mar 27, Shen Yun, 7:30pm, Tobin.** Discover the breathtaking artistry of classical Chinese dance. Tickets can be purchased at <https://tinyurl.com/u6cqbu3> or by calling 888-974-3698. The Bus leaves **West at 6:15pm and East at 6:30pm**.

 **Sunday, Mar 29, Aladdin, 1pm, Majestic.** Broadway San Antonio presents *Aladdin*; it is exactly what you wished for! This theatrical event is filled with unforgettable beauty, magic, comedy and breathtaking spectacle. For more information and to purchase tickets please visit <https://tinyurl.com/yxyuofgn>. The sign-up deadline is **Thursday, Mar 19**. The bus leaves **West at 11:45pm, East at 12pm**.


 **Saturday, Apr 4, Beethoven: Seventh Symphony, 8pm, Tobin.** You can purchase tickets online at <https://tinyurl.com/w4owh3u> or call (210) 223-8624. The sign-up deadline is **Tuesday, Mar 24**. The bus leaves **West at 6:15pm, East at 6:30pm**.

 **Friday, Apr 10, Beethoven: Piano Concertos, 8pm, Tobin. Night One:** Featuring Beethoven: *Piano Concerto No. 1, Piano Concerto No. 2, Fidelio Overture and Piano Concerto No. 4*. This first night is *not* part of your season ticket package, however season ticket holders can purchase tickets for just \$10 at Tobin box office any date prior to the event or the day of the event. As always you can purchase on-line, however ticket fees would apply. The sign-up deadline is **Wednesday, Apr 1**. The bus leaves **West at 6:15pm, East at 6:30pm**.

 **Saturday, Apr 11, Beethoven: Piano Concertos, 8pm, Tobin. Night Two:** Featuring Beethoven: *Piano Concerto No. 3, Leonore Overture No. 3, Piano Concerto No. 5, Emperor*. You can purchase tickets online at <https://tinyurl.com/qqw93qk> or call (210) 223-8624. The sign-up deadline is **Wednesday, Apr 1**. The bus leaves **West at 6:15pm, East at 6:30pm**.

 **Saturday, Apr 18, Fiesta Pops, 8pm, Tobin.** You can purchase tickets online at <https://tinyurl.com/v7kgc5j> or call (210) 223-8624. The sign-up deadline is **Tuesday, Mar 24**. The bus leaves **West at 6:30pm, East at 6:45pm**.

Upcoming Events

 **Saturday, May 9, Verdi's Rigoletto, 6:30pm, Tobin Center.** Verdi's *Rigoletto* has often been called the greatest of all operas. Rigoletto, the Duke's joker, has always willingly gone along with the Duke's abuses of power – until his own daughter falls victim to the Duke's charms. A pre-performance lecture is included with ticket purchase. The lecture begins at 6:30pm in the Feik Family Rotunda and will be presented by Dr. Kevin Salfen. Tickets are available for purchase at <https://tinyurl.com/w47qy5b> or by calling 210-233-8624. Bus will depart **West** at



5:45pm and East at 6pm.



San Antonio Symphony 2019-2020 Concert Series: Saturdays, 8pm, Tobin Center

Masterworks Series –

- Mozart & Ravel, **Mar 14**
- Beethoven: *Seventh Symphony*, **Apr 4**
- Beethoven: *Piano Concertos*, Night One, **Apr 10**
- Beethoven: *Piano Concertos*, Night Two, **Apr 11**
- Mozart's *Elvira Madigan*, **May 16**
- Majestic Bruckner, **May 23**
- Bronfman Plays Rachmaninoff, **Jun 6**

Pops Series –

- Fiesta Pops, **Apr 18**
- Rhapsody in Blue, **May 30**



Tobin Center One-Day Only Special Events –

- Seductive Spanish Guitar, **8pm, Mar 20** (Masterworks Series concert)



Broadway in San Antonio 2019-2020 Season:

**Sundays, shows are scheduled for either 1pm or 2pm, Majestic Theater –
Subscriber Hotline: 800-215-7419**

- *Aladdin*, Mar 29
- *Charlie and the Chocolate Factory*, May 31

