

# BLUE SKIES EAST DINING SERVICES

## Bon Appétit

Sunday, 10 January – Saturday, 16 January

Dining Services East General Manager: JMack

Hospitality Manager: Yolanda King; Executive Chef: Brad Sanford; Team Lead: Victoria Ulrich  
Dining Services Advisory Council (DRAC) Chair: Doris Megonigal; Vice Chair: Raquel Horton  
Secretary: Leslie McMillion; Members: Gerlinde Lindsey, Bob Lamb, Joan Lee, Carol Hernandez,  
Barbara Whorton, Joe Wychunas & Mai Horn.

### PICK UP ONLY

10:45am-11:00am	Cottage Residents
11:05am-11:20am	Hills Residents
11:25am-11:55am	Mid-Rise Residents
12:00pm-12:30pm	High-Rise Residents (Floors 2-9)
12:23pm-1:00pm	High-Rise Residents (Floors 10-15)

### IMPORTANT!!

If you have been approved by resident services for delivery, you must call dining services @ [210-568-5173](tel:210-568-5173) by 10:30am each day to place your order.

### Always Available Menu

Starting Monday, 11 January residents can order from the *Always Available Menu*!! All food will be cooked to order, there will be a designated area for residents to sit and wait for their order.



The menu can be found on the last page of the Bon Appétit or online at: [blueskiesoftexas.org](http://blueskiesoftexas.org)

# Daily Menu

## Sunday, 10 January

Shrimp Scampi  
Dry Rubbed Baby Back Ribs  
Linguine  
Quinoa Potato Salad  
Charred Brussel Sprouts  
Classic Fried Green Tomatoes  
Butternut Squash Apple Soup

## Monday, 11 January

Stuffed Pork Chop  
Baked Fish w/ Crumb Topping  
Baked Potato  
Steamed Aztec Blend  
Steamed Corn Kernels  
Fresh Steam Broccoli  
Cream of Celery Soup

*Always Available Menu – Cooked to Order*

## Tuesday, 12 January

Cornish Hen  
Homemade Meatballs w/ Parmesan  
Holiday Dirty Rice  
Whole Grain Penne  
Corn w/ Pimentos  
Sauteed Zucchini  
Pasta Fagioli

*Always Available Menu – Cooked to Order*

## Wednesday, 13 January

Bratwurst w/ Cheddar Ale Sauce  
Ham w/ Pineapple  
Spaetzles  
Baked Sweet Potato  
Braised Red Cabbage  
Country Style Green Beans  
Wisconsin Cheese Soup

*Always Available Menu – Cooked to Order*

## **Thursday, 14 January**

**Barbeque Chicken Quarters**  
**Chili Glazed Salmon w/ Salsa**  
**Pinto Beans**  
**Rosemary Roasted Potato**  
**Braised Collard Greens**  
**Cauliflower Au Gratin**

**Sweet Potato Bisque**

*Always Available Menu – Cooked to Order*

## **Friday, 15 January**

**Shrimp Newburg**  
**Filet Tips Marsala**  
**Brown & Wild Rice Pilaf**  
**Farro Risotto**  
**Spaghetti Squash, Mushrooms & Tomatoes**  
**Green Peas**

**Manhattan Style Clam Chowder**

*Always Available Menu – Cooked to Order*

## **Saturday, 16 January**

**Roast Turkey w/ Gravy**  
**Tomato Braised Chicken Thighs**  
**Deluxe Dressing**  
**Cilantro Lime Rice**  
**Steamed Carrots**  
**Harvard Beets**

**Cream of Broccoli Soup**

*Always Available Menu – Cooked to Order*

# ★ Blue Skies of Texas ★

## M E N U

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### *entrees*

all items served with 2 sides unless otherwise stated

- Filet Mignon** **27**  
*5oz USDA choice grade beef tenderloin, grilled to your liking and served with 2 sides*
- Jumbo Shrimp** **15**  
*Eight (8) Jumbo Marinated or Hand Breaded Shrimp with cocktail sauce and lemon*
- Tilapia** **10**  
*Pan seared with lemon pepper or blackened, served with 2 sides and tarter sauce*
- Chicken Strip Basket** **10**  
*three (3) breaded chicken strips served with hand cut french fries, texas toast and golden bbq sauce*

### *burgers*

- Blue Skies Hamburger** **8.65**  
*fresh grass fed hamburger patty served on a brioche bun with lettuce, tomato, onion, and pickles. served with 1 side*
- Blue Skies Cheeseburger** **10.75**  
*fresh grass fed hamburger patty served on a brioche bun with lettuce, tomato, onion, and pickles and your choice of cheddar, swiss, or American. served with 1 side*
- Mushroom Swiss Burger** **10.85**  
*with sautéed mushrooms & melted Swiss on a brioche bun with lettuce and tomato. served with 1 side*
- BBQ Bacon Burger** **11.25**  
*fresh grass fed hamburger patty served on a brioche bun melted cheddar, golden bbq sauce, and 1 onion ring with lettuce and tomato. served with 1 side.*

### *deli items*

- Chef Salad 10**  
*Fresh mixed greens topped with Ham, turkey, cheddar cheese, chopped tomatoes, cucumbers and hard boiled eggs served with choice of dressing.*
- Triple Decker Club 9.25**  
*Ham, Turkey, and Bacon with cheddar and swiss cheese on toasted whole grain wheat bread with lettuce and tomato. served with 1 side*
- Fruit and Cheese Plate 10**  
*Chefs choice cheeses, seasonal fruit, olives, nuts and toast point*

### *sides*

- Soup of the Day 3.50**  
*Selection varies daily; please ask your server what is currently available*
- Hand Cut Fires 2.25**
- Onion Rings 2.25**