

# BLUE SKIES OF TEXAS EAST DINING SERVICES

## Bon Appétit

Sunday, 21 November – Saturday, 4 December

**Dining Services General Manager:** JMack

**Executive Chef:** Brad Sanford

**Hospitality Manager:** Yolanda King

**Team Lead:** Victoria Ulrich

**Dining Services Advisory Council (DRAC) Chair:** Doris Megonigal; **Vice Chair:** Carol Gates  
**Secretary:** Leslie McMillion; **Members:** Gerlinde Lindsey, Carol Hernandez, Bob Lamb, Nancy Smith, Suzanne Slater, Nell Montgomery, & Jim Frank

### Cochran's

#### Monday-Thursday

Breakfast 8:00-9:00am

Lunch & Dinner 11:30am-6:00pm

#### Friday & Saturday

Breakfast 8:00-9:00am

Lunch 11:30am-2:00pm

**Sunday Closed**

### Delivery

210-568-5173

If you have been approved by resident services for delivery, you must call dining services by **10:30am each day** to place your order. Deliveries will be sent out at noon.

### Sky Lounge

#### Thirsty Thursday

4:00-6:00pm

#### Friday & Saturday

Oshae's Bar 4:00-5:00pm

*Cocktails will be available at your table once seated.*

Dinner 5:00-7:00pm

TO-GO 4:30-5:00pm

***Reservations are required***

#### Sunday Brunch

10:30am-1:30pm

TO-GO 10:30-11am & 1-1:30pm

***Reservations are required***

*Anytime menu will not be available*

### Reservation Options

Reservations can be made starting 10 days in advance, & end by 2pm the day prior to your reservation.

Table Agent

Reservation Line: 210-568-5045

E-mail:

[bstefoodreservations@blueskiestx.org](mailto:bstefoodreservations@blueskiestx.org)

### Reminder

Guests will only be permitted in the dining room with a VIP band. Please have your guest visit the front desk with their *original* vaccination card.

# Culinary Events

## Superfood for November: Sweet Potatoes

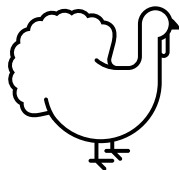


### Thursday, 25 November - Thanksgiving Day

Cochran's: 8:00-9:00am Holiday taco menu

Cochran's & Sky Lounge: CLOSED for lunch & dinner - NO THIRSTY THURSDAY

**LEGACY ROOM: 11:00AM-2:00PM THANKSGIVING MEAL**



### Friday, 26 November

Cochran's: 8:00-9:00am & 11:30am-2:00pm - CLOSED for dinner

Sky Lounge: CLOSED in observance of Thanksgiving

### Saturday, 27 November

Cochran's: 11:30am-6:00pm

Sky Lounge: CLOSED

### Sunday 28 November

Sky Lounge: Brunch 10:30am-1:30pm

## Special of the Week

Open Faced Pimento Cheese Sandwich w/ Candied Bacon & Micros Greens w/  
Spiced Sweet Potato Fries \$8.50

Available starting Monday, 22 November thru Saturday, 27 November

### Sunday, 21 November



Please See Brunch Menu

### Monday, 22 November

Soy Marinated Pork Tenderloin  
(130.7Cal) (83.3Na)

Chicken Fried Steak w/Gravy  
(480.5Cal) (531.1Na)

Sour Cream Garlic Mashed Potatoes  
Jasmine Rice

Asian Vegetable Stir Fry  
Roasted Green Beans w/Garlic

Southwestern Pork & Bean Soup  
(152.5Cal) 679.7(Na)

### Tuesday, 23 November

Tilapia Amandine  
(260.3Cal) (197Na)

Chicken Cordon Bleu w/ Sauce  
(496.9Cal) (1198.5Na)

Wild Rice Medley  
Garlic Roasted Potatoes  
Roasted Tomatoes  
Braised Artichokes

Texas Beef Chili  
(212.2Cal) (226.2Na)

### Wednesday, 24 November

Salisbury Steak w/Onion Gravy  
(358.4Cal) (333.5Na)

Chicken Pot Pie  
(369.6Cal) (396Na)

Walnut Pesto Mashed Potatoes  
Baked Potato  
Maple Roasted Acorn Squash  
Vegetable Medley

Mulligatawny Chicken Soup  
(267.7Cal) (472.6Na)

### Thursday, 25 November

Cochran's CLOSED  
Sky Lounge CLOSED - No Thirsty Thursday



### Friday, 26 November

Cochran's 11:30am-2pm  
Sky Lounge CLOSED

Thai Style BBQ Chicken  
(442.9Cal) (351.3Na)

Lightly Dusted Fried Catfish w/  
Hushuppies  
(244.9Cal) (533.9Na)

Baked Beans  
Sesame Noodles  
Broccolini  
Grilled Corn on the Cob

New England Clam Chowder w/Bacon  
(144Cal) (804.3Na)

## Saturday, 27 November

Cochran's 11:30am-6pm - OPEN SEATING

Dessert Special: **Yolanda's Sweet Potato Poe w/ French Vanilla Whip Cream**

Spaghetti & Meatballs  
(669.5Cal) (1,873.6Na)

Texas BBQ Brisket w/ Sweet-Hot BBQ Sauce  
(319.3Cal) (244.6Na)

Mexican Pinto Beans  
Chopped Coleslaw  
Grilled Asparagus  
Green Peas

Wild Rice, Mushroom, & Bacon Soup  
(415.2Cal) (446.8Na)

## Special of the Week

**Okinawa Sweet Potato Toast, Topped w/ Poached Shrimp, Carrot Puree & Chive Oil \$12.00**

*Available starting Monday, 29 November thru Saturday, 4 December*

## Sunday, 28 November



Please See Brunch Menu

## Monday, 29 November

Colombian Rotisserie Chicken  
(323.3Cal) (347Na)

Chicken Fried Steak w/Gravy  
(480.5Cal) (531.1Na)

Grilled Corn Polenta  
Garlic Chive Mashed Potatoes  
Lemon Green Beans  
Roasted Carrots, Cumin & Mint

Creamy Potato Parsnip Onion Soup  
(120.6Cal) (445.1Na)

## Tuesday, 30 November

Chipotle Orange Pork Tenderloin  
(241.1Cal) (416.8Na)

Chicken Cordon Bleu w/ Sauce  
(496.9Cal) (1198.5Na)

Cilantro Rice  
Baked Sweet Potato  
Corn w/ Pimento  
Glazed Acorn Squash Wedges

Chicken & White Bean Soup  
(173.4Cal) (498.3Na)

## Wednesday, 1 December

Shepherd's Pie  
(251.7Cal) (168.2Na)

Chicken Pot Pie  
(369.6Cal) (396Na)

Mashed Potatoes  
Red Potatoes  
Steamed Broccolini  
Roasted Cauliflower

Carrot Apple Soup  
(69.7Cal) (148.9Na)

### Thursday, 2 December

Jerk Tilapia w/ Tomato & Fennel  
(188.3Cal) (379.7Na)

Grilled Skirt Steak w/ Chimichurri  
(294.8Cal) (257.7Na)

Black Beans & Rice  
Loaded Baked Potato  
Sweet Peas & Roasted Mushrooms  
Carrot & Yellow Squash Medley

Cream of Root Vegetable Soup  
(211Cal) (393.1Na)

### Friday, 3 December

Cochran's 11:30am-2pm  
See Sky Lounge Menu for 5-7pm

Grilled Lemon Chicken w/ Thyme  
(122.4Cal) (178.9Na)

Lightly Dusted Fried Catfish w/  
Hushpuppies  
(244.9Cal) (533.9Na)

White & Wild Rice  
Sweet Potato Tots  
Chopped Coleslaw  
Sautéed Carrot, Eggplant & Green Bean

Manhattan Clam Chowder w/Bacon  
(120.5Cal) (927.9Na)

### Saturday, 4 December

Cochran's 11:30am-2pm  
See Sky Lounge Menu for 5-7pm

Fried Shrimp  
(379.1Cal) (745.9Na)

Texas BBQ Brisket w/ BBQ Sauce  
(319.3Cal) (244.6Na)

French Fries  
Loaded Potato Salad w/ Bacon  
Thyme Roasted Mushrooms & Onions  
Roasted Asparagus

Baked Potato, Bacon & Cheddar Soup  
(274.9Cal) (616.4Na)





# HAPPY THANKSGIVING

## Thanksgiving Holiday Hours

- Thanksgiving Day Thursday 25 November, Breakfast 8-9am in Cochran's will be our Holiday Taco Menu. Cochran's & Sky Lounge will be closed for Lunch & Dinner. Thirsty Thursday is also canceled. Thanksgiving Meal will be served in our Legacy Room 11-2pm.
- Friday 26 November, Normal Breakfast in Cochran's. Lunch service in Cochran's 11:30-2p.m. Cochran's & Sky Lounge closed for Dinner in observance of Thanksgiving Holiday.
- Saturday 27 November, Lunch, and dinner service in Cochran's 11:30-6pm. Sky Lounge will be closed.
- Sunday 28 November, normal brunch service 10:30-1:30pm in Sky Lounge.

